

ACORNS

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RIDGE OAK, INC. 150 MANCHESTER DRIVE, BASKING RIDGE, NJ 07920

908/221-0266

FAX: 908/221-0042

www.ridgeoak.org

Daylight Savings Time

Saturday, March 8, turn your clock ahead one hour before you go to bed. The time will officially change at 2 am on Sunday, March 9.

Ridge Oak Resident Wi-Fi

We have had a contractor on-site for the past few months installing cables throughout the Ridge Oak campus for Wi-Fi. Once this project is complete, Ridge Oak will provide residents with Wi-Fi at no cost if you choose to use it. This service will allow you to connect devices such as cell phones, tablets, computers, smart televisions, or other devices to a network that is completely separate (via a firewall) from Ridge Oak staff and administration.

Sometime in March or April our contractor will begin installing wireless access points (a small device mounted on an apartment ceiling) in residents' apartments. This will require our contractor to enter your apartment. You will receive a notice regarding the date/time the contractor will access your apartment. Once all the devices are installed and programming is complete, we will provide more information on service availability.



Pull Cord Alarms

If you hear an alarm sounding or see a red light flashing outside an apartment, please call 911 immediately. Do not assume it has already been reported or that it was triggered accidentally. Your call could save a life!

After contacting 911, you are welcome to report the alarm to the Ridge Oak office. Please note that these alarms are not centrally monitored by Ridge Oak or any other entity.

Celebrating Diversity

In March, several vibrant and solemn holidays are celebrated:

Lent begins on Ash Wednesday (March 5, 2025), marking 40 days of fasting and prayer for many Christians which leads into Holy Week and Easter Sunday on Sunday, April 20.

Purim (March 13-14, 2025) commemorates the salvation of the Jewish people in Persia, celebrated with readings, costumes, and food gifts.

Holi (March 14, 2025), a Hindu festival, welcomes spring and celebrates good over evil with colorful festivities.

Saint Patrick's Day (March 17, 2025) honors Saint Patrick, the missionary who brought Christianity to Ireland, celebrated with parades and wearing green.

March Drawing

Pat Roaldsen

(Bonnie's sister) made a beautiful blue and green quilt (62" x 88"). The quilt is on display in Felmeth Hall.



If you would like to purchase tickets for this beautiful quilt, call or email the office and let us know how many tickets you would like. You will be billed in April. Tickets are \$2 each or \$20 for 12 tickets and are being sold only to Ridge Oak residents, their family members, staff and Acorn readers.

The winner will be drawn at 12 pm on Friday, March 28. All funds raised will go to Basking Ridge First Aid Squad—they still make rescue calls in the evening, overnight and during weekend hours. Even if you do not want to buy a ticket, monetary donations to the squad are welcome!

A Word About Weed

Marijuana in ANY form is not allowed on Ridge Oak property. Even though marijuana use is legal in NJ, because we are federally subsidized and marijuana is still considered a "schedule I narcotic" by the federal government, it cannot be used in any form on our property.

This is spelled out very clearly in our House Rules which are an addendum to your lease. Rest assured, if we smell it or see it, you will get a lease violation notice.

Meal Program Reminder

Our dining program is primarily designed for in-person socialization. When possible, we accommodate home deliveries for residents who are ill. We can only deliver a limited number of meals each day. To request a delivery due to illness, contact Shannen in the Ridge Oak office no later than 3 pm on the day of the meal. No requests for packaged/ takeaway meals should be made in the dining room or to Galley Crew members. Residents may not pick up meals for other residents.

Words of Gratitude

If you participated in the beautifully organized Valentine Bingo hosted by YMCA Togetherhood Committee on Friday, February 7, please consider sending a letter of thanks for a lovely afternoon.

YMCA
Togetherhood Committee
140 Mount Airy Road
Basking Ridge, New Jersey 07920
Attn: Dan McCauley

Tax Preparation at Ridge Oak 2024 Income Tax

Friday March 14, VITA team (Volunteer Income Tax Assistance) from Bernards Township Library will schedule appointments at Ridge Oak to help residents who need to file income tax.

"Do I or do I not have to file?" If you are over 65 and single you do not need to file income tax forms unless:

- Your income in 2024 from sources other than Social Security was greater than \$16,550
- One half (50%) of your Social Security plus all your other income was greater than \$25,000.
- You had taxes withheld from your pension or earnings and wish to file for a refund.

If you have questions about filing for our volunteer, Joe Ryder, leave a message at Bernards Township Library, 908-204-3031 ext. 2, and he will get back to you. Appointments can be made by calling the library on the above number.

Podiatry Services

We've identified a new podiatry provider that may be of interest to our residents, *Home Foot Care Services*. Their specialty is home podiatry visits. They do the trimming of hard to cut toenails, ingrown nail surgery, diabetic and pressure ulcer care, treatment of gout, lower extremity infections, foot and ankle sprains and even fractures.

Home Foot Care Services can order x-rays, bacterial cultures, and diagnostic ultrasound all "at a bedside." Home Foot Care Services accepts Medicare Part B and supplemental secondary insurances.

If you're interested, please contact Molly at the Ridge Oak office so we can gauge interest and schedule their initial visit. Ridge Oak does not have any affiliation agreement with, nor do we endorse any specific health care provider for podiatry services.

Simple Scam Tip

Beware of fake delivery notices claiming that your USPS, FedEx or Amazon package couldn't be delivered. Scammers may send emails or texts asking you to click a link to reschedule delivery or provide personal information. Always double-check with the official USPS or Amazon website or customer service. Avoid clicking on suspicious links or sharing sensitive details through unsolicited messages.



Heating Tips

Tips for controlling your apartment's temperature. First, ensure all windows and doors are closed and locked. Shut off air conditioners. All our heating systems are currently working as designed—they automatically run when the outdoor temperature drops below 68 degrees.

Boiler pumps continuously circulate hot water to heat your apartment. If you feel the temperature inside your apartment is low/cold, adjust your thermostat as follows:

- Villages 1-11 turn up your thermostat dial to 5. Wait half an hour for heat to rise, then lower to setting of your comfort level. If you still experience a heating issue, please contact the Ridge Oak Office on 908-221-0266.
- Villages 1A, 9A & 12 turn your thermostat dial up to a higher setting. Wait half an hour for the heat to rise, then lower the setting to your comfort level. If you still experience a heating issue, please contact the Ridge Oak Office on 908-221-0266.

Wellness Nurse

Ridge Oak has a Wellness Nurse on site every Tuesday & Thursday. Eunice is available to answer questions about health concerns so they can be addressed before they turn into bigger problems. There is no cost for this service! Call the Ridge Oak office to make an appointment to have Eunice visit your apartment or to stop by to see her here.

Medical Transportation plays a pivotal role in ensuring residents' well-being and access to essential healthcare services.



Through our in-house medical transportation service, in collaboration with St. James Transportation Ministry, Ridge Oak assists with rides to routine medical appointments. To discuss availability for your specific appointment, contact Molly at the office at least 7 days in advance of the scheduled appointment.

Zufall Dental Van

Zufall Dental van continues to serve Ridge Oak residents. There is currently a waiting list for services. If you are interested in becoming a new patient, call the office to speak with Molly at 908-221-0266 or email mclark@ridgeoak.org.

Brain Boosters

Looking for some crosswords, word searches, and brainteasers to keep your mind sharp and your brain busy? See Emma in Felmeth Hall or call the office for a copy.

Event Attendance Policy

Emma, Shannen, and the entire Ridge Oak team work hard to plan and host activities and meals for everyone. We kindly ask that you respect the staff and your fellow residents by showing up and arriving promptly for any activity or meal for which you've signed up.

When residents don't arrive on time, staff checks to ensure everything is okay, which disrupts the event for others. Please make a note on your calendar or enable Touchtown notifications as a reminder for events for which you've signed up. If you need assistance enabling notifications, contact Shannen at the Ridge Oak office. If you cannot make an event, cancel by calling the office or cancel in the Touchtown app. For an event involving an outside group, vendor or organization, you **MUST** cancel by 4 pm the day before or you will be billed \$5. This requirement will be noted in the event description.

Shopping Bus

No Bus March 7, 13 & 14. There is **NO SIGN UP** required for routine shopping bus runs! Shopping bus departure time is 10 am.

- Monday bus to Bernardsville can make stops at TD Bank and PNC Bank.
- Wednesday bus to Lyons Mall can stop at Bank of America. These stops are for quick banking transactions, like depositing a check or getting money from the ATM. Just let the driver know where you need to stop.

Be sure you know what time the bus goes back to Ridge Oak. Have a watch or your phone and plan for the time you will need to check out. The bus will not wait, and it will be up to you to find your way back home!

A strict limit of two bags per passenger, per trip. Label your shopping bags in **BIG** letters with your name **AND** apartment number. No cases of water or overloaded bags. You must be able to safely store and carry your purchases.

Check the calendar for dates, times, and destination. **DO NOT** stand up on the bus until it has completely stopped and parked.

Care Fund

Care Fund subsidizes meals and personal care. Many thanks to the people who have made recent donations to the Care Fund.

Mark Your Calendar *For Ridge Oak Activities*

Call (908) 221-0266 or email the office. Sreino@ridgeoak.org or Elanese@ridgeoak.org

Mondays - Bowling & Chess

Mondays -Watercolor with Wendy V12

Mondays - Chair Yoga

Mondays & Wednesdays
Chinese Traditional Exercise V12

Tuesdays - Perfect Posture

Tuesdays - Mahjong

Tuesdays - Table Tennis Open Play V12

Wednesdays - BRPC Lenten Service

Wednesdays - "For the Men" Fitness

Thursdays

St James Eucharistic Adoration

Thursdays - Blood Pressure Clinic

Fridays - Happy Hookers

Fridays - Bingo

Saturday, March 1

Masterwork Chorus Performance

Tuesday, March 4 - Pokeno

Wednesday, March 5

Ash Wednesday Service

Wednesday, March 5 - Cardio Drumming

Thursday, March 6 & March 27

Learn to Line Dance

Friday, March 7

Library Comes to Felmeth Hall

Monday, March 10 & March 24

Shoestring Players Rehearsal

Monday, March 10 & March 24

Tech Support

Tuesday, March 11

Get Your Glasses Adjusted

Tuesday, March 11 - Table Games

Wednesday, March 12

Budget Friendly Bites

Wednesday, March 12 & March 26

High Notes Rehearsal

Thursday, February 13 - Ecumenical Service

Thursday, March 13 & March 20

Man on the Inside Viewing

Friday, March 14 - Silent Book Club V12

Monday, March 17 - Shamrock Sessions

Tuesday, March 18

Female Combatants in the Civil War

Tuesday, March 18 - Team Trivia

Wednesday, March 19

Ageless Grace Fitness

Thursday, March 20

Fellowship Health Screening

Friday, March 21 - Out to Lunch: Friendly's

Friday, March 21 - Card Making V12

Tuesday, March 25 - Women in Music

Wednesday, March 26 - Share a Song

Friday, March 28 - Making Art V12

Saturday, March 29

St Mark's Rummage Shuttle

Table Tennis

Tuesdays in Village 12 - Table Tennis

"open play" from 11

am to 4 pm. Patio

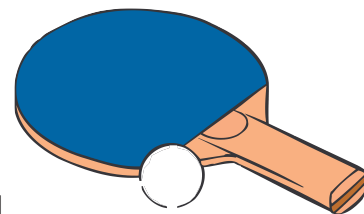
door at the rear of

Village 12 will be

unlocked and all

equipment provided.

Share the table and return all equipment to the bin.



Mahjong

Mahjong is played Tuesday mornings from

9:30 am to 11:30 am in Felmeth Hall. Mahjong

is a traditional Chinese tile game. Players

assemble sets of tiles based on specific patterns

and combinations. It requires strategic think-

ing, pattern recognition, and luck, making it a

challenging and engaging pastime enjoyed by

people worldwide. Contact Emma in the office

if you would like to learn. Sign-up is required.

Bowling & Chess

Bowling games are played Mondays at 9:30 am and 10:30 am. Only four people each hour. No experience required. Stop by and watch a session to see if you might be interested in bowling. Call the office to check availability. Sign-ups are required each month.

Chess - During bowling on Mondays, we have tables for chess players. If you would like to play chess, call the office, for information.

Exercise Series

All classes are held in the lower-level Wellness Center at Felmeth Hall.

“For the Men” Fitness - Wednesdays at 11:30 am in the lower-level Wellness Center. Led by Jim Stamateris, the class focuses on functional movement, core stability and flexibility. You will learn how to properly warm up your body with stretches and healthy movements, in addition to strengthening exercises to build stability and control. Each month, the class focuses on a new area of the body, incorporating dynamic, static, and active stretching plus strength and mobility exercises. At the end of each month, you’ll get handouts covering all the exercises and stretches so you can keep up with your routine at home. All fitness levels welcome! Sign-up is required. Cancel by 4 pm the day before class or you will be billed \$5.



Chair Yoga - Mondays at 1:30 pm in the Wellness Center. Led by Michele Gorka from Fellowship, this class flows through both seated and standing yoga postures. All fitness levels welcome! Sign-up is required. Cancel by 4 pm the day before class or you will be billed \$5.

Perfect Posture - Tuesdays at 12:30 pm in the Wellness Center. Led by Megan Lynch-Smith from Fellowship. In this class you will perform stretches and exercises to help improve postural alignment. All fitness levels welcome! Sign-up is required. Cancel by 4 pm the day before class or you will be billed \$5.

Ridge Oak Honeybees

We’ll begin work on the hives as the days get warmer in March. If you have questions about the honeybees or want to get involved with taking care of the apiary (you do not have to be around the bees to help) contact Emma at the office.

The High Notes

High Notes begin rehearsal for the spring concert Wednesday, March 12 & March 26 at 3 pm in the lower-level Wellness Center. This season’s theme is *Juke Box!* If you would like to sing, call or email Emma, elanese@ridgeoak.org.

Shoestring Players

Shoestring Players will begin rehearsals for the spring production of *Arsenic and Old Lace* Monday, March 10 & March 24 at 3 pm in the lower-level Wellness Center.

Happy Hookers

Join your neighbors on Fridays at 10 am in Felmeth Hall for a social time doing all types of handwork. Knitters, cross stitchers, quilters, and embroidery lovers are all invited. We have some real experts in the group who can teach and guide you. Call the “day of” if you need a transporter ride. Sign-up is required.

Bingo

Bingo is played Fridays at 1 pm in Felmeth Hall. Cost of each card is \$1. Ms. Candy will hostess Prize Bingo Friday, March, 28. Call the “day of” if you need a ride on the transporter. Sign-up is required to play each week.

Blood Pressure Clinic

Thursdays at 11:30 am, our staff nurse Eunice will host a weekly blood pressure clinic in Felmeth Hall Annex. Call the “day of” if you need a ride. We encourage everyone to take a moment for their health!

Chinese Traditional Exercise

Every Monday & Wednesday through the winter, schedule permitting, we have Chinese Traditional Exercise in Village 12 at 2 pm. This program is led by fellow residents. Relax, recharge, or just learn more about Chinese culture, all residents are welcome. No sign-up is required.

St James Eucharistic Adoration

No bus on March 13. Every Thursday, schedule permitting, the Ridge Oak bus will leave Felmeth Hall at 10 am to take residents to St. James Catholic Church for the weekly Eucharistic Adoration. The bus will pick up residents around 11:30 am and return them to Ridge Oak. We need to let the church know how many residents will attend. Sign-up is required.

Masterwork Chorus Performance

Join us at Felmeth Hall Saturday, March 1, at 1 pm for a special performance by the Masterwork Chorus. They’ll perform selections from beloved Broadway shows, movies, and iconic composers. They will conclude with a sing-along of patriotic tunes and other well-known songs. Sign-up is required. Call the office by Friday, February 28 if you need a ride.

Watercolors with Wendy

Monday, March 3, at 10 am in Village 12, Wendy Hallstrom from the Center for Contemporary Arts will lead a five-week watercolor series. This class is adaptable for all

levels, and no experience is required. Space is limited to 10 participants each week. Sign-up is required. Additional classes will be held March 10, 17, & 24. If you can’t make it to the class, please cancel or you will be billed \$5.



Pokeno

Join us Tuesday, March 4 at 2 pm for Pokeno in Felmeth Hall Annex. Bring at least fifty pennies with you. Sign-up is required.

Ash Wednesday Service

The bus will leave Felmeth Hall at 11:30 am Wednesday, March 5 for Basking Ridge Presbyterian Church for a combined Ash Wednesday service with Bishop Jane’s United Methodist Church. All faith traditions are welcome. Space is limited. Sign-up is required.

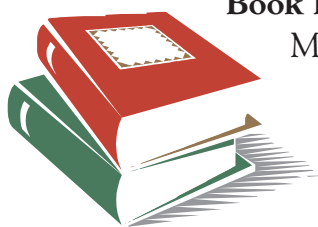
Cardio Drumming

Come to the lower-level Wellness Center Wednesday, March 5 at 2:30 pm. We will grab drumsticks and move along to choreographed drumming with Emma. This is a unique opportunity to get some exercise while having fun and listening to music. We will be stretching, moving, and singing along right from our chairs! All materials are provided. Limited to 12 residents. Sign-up is required.

Learn to Line Dance

Join us for line dancing with Dave Farrell Thursday, March 6 & March 27 at 2 pm in Felmeth Hall. A beginner class—no experience or partner needed! Line dancing is a fun way to improve coordination and boost cardiovascular health. Sign-up is required. Call the “day of” if you need a ride. Cancel by 4 pm the day before this event or you will be billed \$5.

Library Comes to Felmeth Hall



Book Buggy returns Friday, March 7 at 2 pm. During the winter months, the library is set up in Felmeth Hall. If you would like to request a specific item, call the library at (908-204-3031, option 2) and tell them you would like the item brought to Ridge Oak with the next Book Buggy OR email requests to circ-ber@mainlib.org. Sign-up is required. Call the “day of” if you need a ride.

Tech Support

Starting March 10 & March 24, two local high school volunteers will be available in Felmeth Hall every other Monday from 4 pm to 5 pm to assist with tech support. The volunteers will help with tasks including troubleshooting tech issues, setting up devices, navigating apps or websites, and offering general tech guidance. This is a great opportunity for anyone who needs help with technology, whether it’s solving a problem or learning something new. Space is limited. Sign-up is required.

Get Your Glasses Adjusted

Join us Tuesday, March 11 at 12:30 pm for a visit from the optician, Jerry York. He will be at Felmeth Hall offering glasses adjustments to ensure the perfect fit! Sign-up required.

Table Games

Join us Tuesday, March 11 at 1:30 pm in Felmeth Hall for an afternoon of games such as Scrabble, Rummikub, UNO, Mahjong, cards and more. Bring your friends and any other games you might like to play. Call the “day of” if you need a ride. Sign-up is required.

Budget Friendly Bites

It is possible to eat healthily without breaking the bank! Join us Wednesday, March 12 at 2 pm in Felmeth Hall, when Ellen from Nourish and Thrive Nutrition Center will teach practical strategies for planning and preparing affordable, nutritious meals, while ensuring you meet your dietary needs. Tips on smart grocery shopping, meal prep and maximizing your budget. Learn how to enjoy wholesome, balanced meals that fit your lifestyle and finances. Sign-up is required. Cancel by 4 pm the day before or you will be billed \$5.



BRPC Lenten Service

Wednesday, March 12, 19 & 26 the bus will leave at 11:30 am for Basking Ridge Presbyterian Church for their special Lenten Service. We are invited for lunch following each service. Sign-up is required for each week that you plan on attending.

Over the past several years, Basking Ridge Presbyterian Church has presented a series of beautiful music, reflective prayers, passages from famous quotes and poems, and powerful reading of scripture during the season of Lent. These elements are woven together during a 30-minute service in the church’s historic sanctuary and feature stellar musicians.

Ecumenical Service

Father Clarke from St. Mark’s Episcopal Church will lead the Ecumenical Service on Thursday, March 13 at 10 am in Felmeth Hall. All are welcome! Sign-up is required. Call the “day of” if you need a ride.

Man on the Inside

Join us for a two-part viewing of the Netflix series *A Man on the Inside*. The comedy starring Ted Danson follows a retired professor who is recruited by a private investigator to go undercover at a San Francisco retirement home, where he encounters quirky residents and plenty of surprises. Don't miss the first part Thursday, March 13, and the second part Thursday, March 20, both at 2 pm in Felmeth Hall. Light refreshments will be provided. Sign-up is required.

Silent Book Club

Reading any good books lately? Join us for a relaxing morning at our Silent Book Club Friday, March 14 at 11 am in Village 12. Bring a book and enjoy some quiet reading time with fellow book lovers. We'll have a chance to chat about what we're reading, and you might just find your next great read! There is no specific book assignment for Silent Book Club. However, if you're interested in joining a formal book club, tell Emma. Light snacks will be provided. Sign-up is required.

Shamrock Sessions

Join us Monday, March 17 at 2 pm in Felmeth Hall for a return performance by Brian Szura and Charlie Sporn, the talented fiddle and uilleann pipe duo. They'll play classic Irish tunes that'll have you ready to dance or move along. Wear your best St. Patrick's Day attire—prizes will be awarded for the best dressed! Sign-up is required. Cancel by 4 pm the day before this event or you will be billed \$5.



Female Combatants in the Civil War

Join us Tuesday, March 18 at 11 am for *Hidden Valor: Female Combatants in the Civil War* presented by Glenn LeBoeuf. Millions answered the call to arms during the American Civil War in 1861, yet not all who enlisted were men. An estimated 450 women disguised their identities to fight in both the Union and Confederate armies. Hear the powerful stories of these women—many who fought alone or alongside husbands and brothers—defending the causes they believed in. Sign-up is required. Cancel by 4 pm the day before or you will be billed \$5.

Team Trivia

Join us for a fun game of Team Trivia Tuesday, March 18 at 2 pm in Felmeth Hall, featuring the Ridge Oak staff! The game will include 4 exciting rounds, covering sports, history, music, arts, and more. Each team will have a surprise staff member, adding a twist to the competition! Sign-up is required. Call the "day of" if you need a ride.

Ageless Grace Fitness

Join us Wednesday, March 19 at 1 pm in the lower-level Wellness Center at Felmeth Hall.

Ageless Grace is a highly effective brain fitness program that keeps participants moving and thinking through the power of play. Anyone can participate at his or her own level of ability. This is a gentle impact fitness class. Wear comfortable clothes and footwear. Call the "day of" if you need a ride. Sign-up is required. Cancel by 4 pm the day before this event or you will be billed \$5.

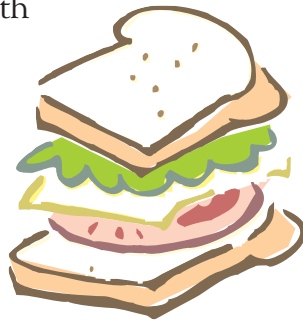


Fellowship Health Screening

Join the Fellowship Life Physical Therapists and Occupational Therapists March 20 at 1 pm in the lower-level wellness center for a free screening event. They will offer blood pressure, heart rate, and oxygen level checks, along with helpful information about what these numbers mean for your health. Learn the importance of monitoring these vital signs and how they can impact your overall well-being. Sign-up is required. Call the “day of” if you need a ride.

Out to Lunch

The bus will leave Felmeth Hall at 10:30 am on Friday, March 21, and go to Friendly’s in Morristown! Make sure to bring your money. Sign-up is required. Space is limited.



Card Making

Friday, March 21 at 2:30 pm in Village 12, join Brenda Miller for card making. We will make greeting cards using stamps, ink, and paper. All supplies provided and all crafting levels welcome! Call the “day of” if you need a ride. Space is limited to 15 participants. Sign-up is required. Cancel by 4 pm the day before the event or you will be billed \$5.

Women in Music

In honor of Women’s History Month, join us Tuesday, March 25 at 2 pm in Felmeth Hall for a special performance by Emma’s band, *She’s at the Door*. The band will showcase an empowering set of songs written and performed by women including Carole King, Dolly Parton, and Stevie Nicks. Sign-up is required. Call the “day of” if you need a ride.

Share a Song

Wednesday, March 26 at 2 pm, join Emma in the lower-level Wellness Center of Felmeth Hall for some fun listening to music. Bring the name of a song you would like to share with the group. We will listen to a recording and sing along. Emma will access the music using YouTube. You do not need to share a song to enjoy the music! Sign-up is required.

Making Art!

Friday, March 28 at 11 am, Anne Chon will be in Village 12 leading a class on acrylic painting. This month we’ll be painting honeybees—a symbol of renewal and the promise of spring! All levels are welcome, beginner to seasoned painter. Cost of the class is \$10, and you will be billed. Call the “day of” if you need a ride. If you fail to cancel 24 hours in advance you will be charged the \$10 fee.

St. Mark’s

Rummage Shuttle

Saturday, March 29 from 12 pm to 2 pm, Ridge Oak bus will shuttle residents back and forth to St. Mark’s Rummage sale in Basking Ridge. Do not buy anything you cannot carry home on the bus! No sign-up is necessary. Wait at the front of Felmeth Hall or the front of Village 12. Leo will be on the lookout.

Resident Recommendation

Have you gone to a local restaurant or shopping establishment and want to share the good news with friends and neighbors? Send detailed information to Emma at elanese@ridgeoak.org and we will highlight it in ACORNS.

Out & About *Local Happenings*

St. Mark's Episcopal Church Rummage Sale

The church will hold its spring rummage sale from 9 am to 2 pm on Friday, March 28 and Saturday, March 29, at the church, 140 South Finley Avenue, Basking Ridge.

This semi-annual sale, a popular community event, includes clothing, sporting goods, electronics, furniture, lighting, seasonal items, toys, and games, decorating items and baked items at bargain prices.

Bernards Township Library Events

Bernards Township Library, 32 South Maple Avenue, hosts many free events. For all virtual

programs, registration is required to receive a ZOOM link at www.BernardsLibrary.org or call (908) 204-3031 x116.

- Movie Screening and Q&A @ Bernardsville Cinema- "American River", Sunday, March 2 at 2 pm.
- In Person: Trump Administration – 6 Weeks Out, with Dr. Darden, Monday, March 3, 10 am.
- In Person: Ladies of History – Eliza Hamilton, a one-woman show, Tuesday March 4 at 7 pm.
- Virtual: Rise & Shine – Waking up Your Garden in Spring, Thursday, March 20 at 7pm.
- In Person: Bone Health Workshop, Friday, March 21 at 11 am.
- In Person, iPad and iPhone – Beyond the Basics, Tuesday, March 25 at 11 am.

CALENDAR

Week of March 3rd

1st Saturday
1 pm Masterwork Chorus Concert

3rd Monday
9:30/10:30am Bowling
10 am BUS Bernardsville
10 am Watercolor with Wendy V12
11 am Chess
1:30 pm Chair Yoga
2 pm Chinese Traditional Exercise V12
5 pm DINNER- Fried Chicken

4th Tuesday
9:30 am Mahjong
10 am BUS Stirling & Gillette
11 am Table Tennis Open Play V12
12:30 pm Perfect Posture
2 pm Pokeno
5 pm DINNER- Kielbasa & Kraut

5th Wednesday
10 am BUS Lyons Mall
11:30 am "For the Men" Fitness
11:30 am BUS Ash Wednesday Service
2 pm Chinese Traditional Exercise V12
2:30 pm Cardio Drumming
5 pm DINNER- Eggplant Rollatini

6th Thursday
10 am BUS Farmers Market
10 am BUS St James Eucharistic
11:30 am Blood Pressure Clinic
12 pm LUNCH - Hot Beef Sloppy Joes
2 pm Learn to Line Dance

7th Friday
10 am Happy Hookers
1 pm Bingo
2 pm Library Comes to Felmeth Hall
5 pm DINNER- Shrimp Scampi



Week of March 10th

- 10th Monday
 9:30/10:30am Bowling
 10 am BUS Bernardsville
 10 am Watercolor with Wendy V12
 11 am Chess
 1:30 pm Chair Yoga
 2 pm Chinese Traditional Exercise V12
 3 pm Shoestring Players Rehearsal
 4 pm Tech Support
 5 pm DINNER- Philly Cheesesteak
- 11th Tuesday
 9:30 am Mahjong
 10 am BUS Stirling & Gillette
 11 am Table Tennis Open Play V12
 12:30 pm Perfect Posture
 12:30 pm Get Your Glasses Adjusted
 1:30 pm Table Games
 5 pm DINNER- Pork Spare Ribs
- 12th Wednesday
 10 am BUS Lyons Mall
 11:30 am "For the Men" Fitness
 11:30 am BRPC Lenten Service
 2 pm Chinese Traditional Exercise V12
 2 pm Budget Friendly Bites
 3 pm High Notes Rehearsal
 5 pm DINNER- General Tso's Chicken
- 13th Thursday
 10 am Ecumenical Service
 11:30 am Blood Pressure Clinic
 12 pm LUNCH- Tomato Basil Quiche
 2 pm Man on the Inside Viewing
- 14th Friday
 10 am Happy Hookers
 11 am Silent Book Club V12
 1 pm Bingo
 5 pm DINNER- Panko Tilapia

Week of March 17th

- 17th Monday
 9:30/10:30 Bowling
 10 am BUS Bernardsville
 10 am Watercolor with Wendy V12
 11 am Chess
 1 pm Chair Yoga
 2 pm Chinese Traditional Exercise V12
 2 pm Shamrock Sessions
 5 pm DINNER- Corned Beef / Cabbage
- 18th Tuesday
 9:30 am Mahjong
 11 am Table Tennis Open Play V12
 11 am Female Combatants in Civil War
 12:30 pm Perfect Posture
 2 pm Team Trivia
 5 pm DINNER- Chicken Pot Pie
- 19th Wednesday
 10 am BUS Lyons Mall
 11:30 am "For the Men" Fitness
 11:30 am BRPC Lenten Service
 1 pm Ageless Grace Fitness
 2 pm Chinese Traditional Exercise V12
 5 pm DINNER- Pork Lo Mein
- 20th Thursday
 10 am BUS Farmers Market
 10 am BUS St James Eucharistic
 11:30 am Blood Pressure Clinic
 12 pm LUNCH- Turkey Sloppy Joe
 1 pm Fellowship Health Screening
 2 pm Man on the Inside Viewing
- 21st Friday
 10 am Happy Hookers
 10:30 am Out to Lunch: Friendly's
 1 pm Bingo
 2:30 pm Card Making V12
 5 pm DINNER- Stuffed Shells



Week of March 24th

- 24th Monday
9:30/10:30 Bowling
10 am BUS Bernardsville
10 am Watercolor with Wendy V12
11 am Chess
1:30 pm Chair Yoga
2 pm Chinese Traditional Exercise V12
3 pm Shoestring Players Rehearsal
4 pm Tech Support
5 pm DINNER- Beef Short Ribs
- 25th Tuesday
9:30 am Mahjong
10 am BUS Stirling & Gillette
11 am Table Tennis Open Play V12
12:30 pm Perfect Posture
2 pm Women in Music
5 pm DINNER- Vegetable Lasagna
- 26th Wednesday
10 am BUS Lyons Mall
11:30 am "For the Men" Fitness
11:30 am BRPC Lenten Service
2 pm Chinese Traditional Exercise V12
2 pm Share a Song
3 pm High Notes Rehearsal
5 pm DINNER- Pork Roast

- 27th Thursday
10 am BUS Farmers Market
10 am BUS St James Eucharistic
11:30 am Blood Pressure Clinic
12 pm LUNCH - BBQ Chicken Sliders
2 pm Learn to Line Dance
- 28th Friday
10 BUS Macys Bridgewater
10 am Happy Hookers
11 am Making Art! V12
1 pm Ms. Candy's Prize Bingo
5 pm DINNER- Lobster Cake on Roll
- 29th Saturday
12 pm St. Mark's Rummage Shuttle

Week of March 31st

- 31st Monday
9:30/10:30 Bowling
10 am BUS Bernardsville
11 am Chess
1:30 pm Chair Yoga
2 pm Chinese Traditional Exercise V12
5 pm DINNER- Salisbury Steak

