

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Tortellini Pasta Salad Chicken Sausage w/ Peppers and Onions Portuguese Roll Cheesecake</p>	<p>2</p> <p>Ridge Caesar Salad Eggplant Parmesan Italian Bread Cannoli</p>	<p>3</p> <p>Lunch Fruit Salad Tomato Basil Quiche Crunchy Vegetable Salad Whoopie Pie</p>	<p>4</p> <p>New England Clam Chowder Shrimp Scampi with Linguini Peas and Mushrooms Red Velvet Cake</p>
<p>7</p> <p>Tossed Salad Turkey Burger Pickles Wedge Fries Apple Pie</p>	<p>8</p> <p>Lobster Bisque Pomegranate Glazed Salmon Grilled Vegetables Fingerling Potatoes Lemon Meringue Pie</p>	<p>9</p> <p>Asian Delight Wonton Soup General Tso's Chicken Vegetables Rice Crunchy Noodles Almond Cookies</p>	<p>10</p> <p> No Meal Dance Party</p>	<p>11</p> <p>Yom Kippur Dinner Date and Honey Roasted Apples Beef Brisket Green Beans with Roasted Parsnips and Carrots Potato Latkas Marble Cake</p>
<p>14</p> <p>Tri Color Salad Kielbasa & Kraut Pierogis Sour Cream Steamed Broccoli Dolly Sin Cake</p>	<p>15</p> <p>Manhattan Clam Chowder Crab Cake Grilled Asparagus Potato Leek Torte Cherry Pie</p>	<p>16</p> <p>Bernard's Café Tossed Salad Meatloaf Carrots Mashed Potatoes Oreo Mousse</p>	<p>17</p> <p>Lunch Tomato, Mozzarella, & Basil Salad BBQ Pulled Chicken on Slider Rolls Creamy Coleslaw Lemon Cookies</p>	<p>18</p> <p>No Meal</p>
<p>21</p> <p>Goat Cheese and Greens Salad Italian Seasoned Flounder Broccoli Brown Rice Napoleon Cake</p>	<p>22</p> <p>Birthday Day Dinner Butternut & Apple Soup Beef Short Ribs Roasted Brussel Sprouts Baked Potato Cupcake</p>	<p>23</p> <p>Ridge Pizza Caesar Salad Ziti and Meatballs Italian Bread Cannoli</p>	<p>24</p> <p>Lunch Cucumber, Sour Cream and Dill Salad Turkey Gobbler Sandwich w/ Cranberry Sauce Chips Chocolate Chip Cookies</p>	<p>25</p> <p>Iceberg Lettuce Wedge Salad Chicken Pot Pie Key Lime Pie</p>
<p>28</p> <p>Shrimp Cocktail Panko Tilapia Rosemary Root Vegetables Mashed Potatoes Fruit Tart</p>	<p>29</p> <p>Halloween Dinner Wild Mushroom Soup Chicken Francese Parmesan Crusted Cauliflower Whipped Sweet Potatoes Halloween Cookies</p>	<p>30</p> <p>Asian Delight Spring Roll Pork Lo Mein Vegetables Crunchy Noodles Almond Cookies</p>	<p>31</p> <p>No Meal \$5 Pizza & Bingo</p>	

Call 908-221-0266, email srivers@ridgeoak.org, or use the Touchtown app to sign up.