

Monday

Tuesday

Wednesday

Thursday

Friday

# February 2025

## Ridge Oak Menu

<p>3</p> <p>Tortellini Pasta Salad Chicken Cordon Bleu Grilled Asparagus Brown Rice Cheesecake</p>	<p>4</p> <p><b>Lunch</b></p> <p>Protein Packed Salad Open Faced Roast Beef Sandwich Crunchy Vegetable Salad Chocolate Chip Cookies</p>	<p>5</p> <p><b>Bernard's Cafe</b></p> <p>Tossed Salad Sliced Pork Roast Mixed Veggies Mashed Potatoes Oreo Mousse Cake</p>	<p>6</p> <p><b>Lunch</b></p> <p>Fruit Salad Turkey Sloppy Joe w/ Russian Dressing on Rye Pickles Chips Black and White Cookies</p>	<p>7</p> <p>Kale and Pasta Salad Lemon Caper Shrimp Peas and Mushrooms Whipped Sweet Potatoes Napoleon Cake</p>
<p>10</p> <p>Goat Cheese and Greens Salad Cranberry Bourbon Baked Ham Carrot Souffle Mashed Potatoes Mango Mousse Cake</p>	<p>11</p> <p>Tomato, Mozzarella and Basil Salad Italian Seasoned Flounder Steamed Broccoli Rice Pilaf Chocolate Cake</p>	<p>12</p> <p><b>Ridge Pizza</b></p> <p>Caesar Salad Ziti and Meatballs Italian Bread Cannoli</p>	<p>13</p> <p><b>Lunch</b></p> <p>Pesto Pasta Salad Spinach and Mushroom Quiche Corn Muffins Brownie</p>	<p>14</p> <p> <b>Valentine's Dinner</b></p> <p>Tri Color Salad Fig and Brie Stuffed Chicken Roasted Carrots and Pistachios Truffle Roasted Potatoes Valentine's Day Cookies</p>
<p>17</p> <p><b>No Meal President's Day</b></p>	<p>18</p> <p><b>Birthday Dinner</b></p> <p>Cous Cous Salad Citrus Glazed Salmon Sauteed Green Beans and Shallots Roasted Fingerling Potatoes Cupcake</p>	<p>19</p> <p><b>Asian Delight</b></p> <p>Wonton Soup General Tso's Chicken Vegetables Rice Crunchy Noodles Almond Cookies</p>	<p>20</p> <p><b>Lunch</b></p> <p>Fruit Salad Hot Beef Sloppy Joes Signature Slaw Slider Rolls Lemon Bars</p>	<p>21</p> <p>Iceberg Wedge Lettuce Salad Vegetable Lasagna Dinner Roll Red Velvet Cake</p>
<p>24</p> <p>Lobster Bisque Panko Tilapia Grilled Vegetables Brown Rice Key Lime Pie</p>	<p>25</p> <p>Quinoa &amp; Spinach Salad Stuffed Shells in Marinara Broccoli Rabe Garlic Knots Manhattan Chocolate Cake</p>	<p>26</p> <p><b>Bernard's Cafe</b></p> <p>Tossed Salad Meatloaf Carrots Mashed Potatoes Pecan Pie</p>	<p>27</p> <p><b>Lunch</b></p> <p>Cous Cous Salad Pulled Pork Sliders Pickles Chips Whoopie Pie</p>	<p>28</p> <p>Wild Mushroom Soup Chicken Pot Pie Chocolate Mousse Cake</p>

Call 908-221-0266, email [srivers@ridgeoak.org](mailto:srivers@ridgeoak.org), or use the Touchtown app to sign up.