







Sunday 1	Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6	Saturday 7
	No Meal Labor Day 	Caesar Salad Meat Lasagna Broccoli Rabe Fresh Italian Bread Mini Pastry Platter	Tri Color Salad Chicken Kiev Rice Creamed Spinach Very Berry Pie	Clam Chowder Citrus Glazed Salmon Mashed Potatoes Brussel Sprouts Carrot Cake	LUNCH Tomato Soup Cheddar Quiche Crunchy Vegetable Salad Whoopie Pies	
8	Tossed Salad Chicken Marsala Sauteed Peas & Onions Dinner Rolls Apple Pie w Ice Cream 	Vegetable Soup Breaded Pork Chop w Gravy Whipped Sweet Potatoes Steamed Broccoli Seven Layer Cake	Goat Cheese & Greens Salad Stuffed Peppers Rye Bread Watermelon 	Birthday DINNER Vegetable Salad Turkey w Gravy Herb Stuffing Green Beans Fingerling Potatoes Cranberry Sauce Birthday Cake	LUNCH Tossed Salad Pizza Ice Cream Bars 	14
15	Signature Slaw Pulled Pork Sliders Corn on the Cob Key Lime Pie 	Halfway to St. Patrick's Day Tri Color Salad Corned Beef/Cabbage Steamed Carrots Parsley Potatoes Rye Bread Green Cupcakes	Pesto Pasta Salad Italian Seasoned Flounder Parmesan Encrusted Cauliflower Dinner Rolls Fresh Fruit Salad	Asian Delite Egg Roll General Tso's Chicken Mixed Vegetables Rice Crunchy Noodles Almond Cookies	Iceberg Lettuce Wedge Eggplant Parmesan Fresh Italian Bread Cannoli 	21
22	Crunchy Vegetable Salad Beef Short Ribs Roasted Potatoes Green Beans w Shallots Cherry Pie 	Caesar Salad Chicken Sausage Rigatoni Alfredo Steamed Broccoli Chocolate Pudding w Whipped Cream	Lobster Bisque Panko Tilapia Mashed Potatoes Balsamic Glazed Carrots Red Velvet Cake 	LUNCH Creamy Cole Slaw Reuben Panini Pickles Potato Chips Ice Cream Sandwich	Beet Salad Lamb Shanks w Mint Sauce Potato Leek Torte Creamed Peas Butter Pound Cake w Fresh Berries	28
29	New England Clam Chowder Crab Cakes w Dill Sauce Rice Mushrooms & Peas Cheesecake w Strawberries					



SEPTEMBER MEALS