

ACORNS

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RIDGE OAK, INC. 150 MANCHESTER DRIVE, BASKING RIDGE, NJ 07920

908/221-0266

FAX: 908/221-0042

www.ridgeoak.org

Office Closed

The office will be closed Monday, May 27th in observance of Memorial Day—the day set aside to remember with gratitude and pride all those who served and died for our country and our freedom. May your day be filled with memories and peace. God Bless America!

Office Closing Early

The office will close at 12:30 pm Tuesday, May 14th for a staff (including maintenance) event. Please plan accordingly.

You Can't Make this Stuff Up

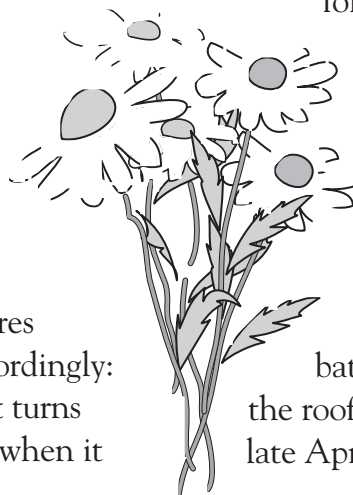
We are starting to take pictures and we will bill residents accordingly: Someone flushed cat litter (it turns into a rock and causes a clog when it

hits water) and tea bags. No kidding. If you caused a clog due to negligence and/or putting items down the toilet that do not belong, you will be billed \$25 per man hour for maintenance time/travel and if Roto Rooter has to be called (should we not be able to clear the clog) that cost (approximately \$200) will be passed along as well. We just don't know how else to get your attention. Backed up toilets present a serious health concern for residents and their neighbors.

Again, ONLY human waste and toilet tissue go down the toilets!

Capital Projects Continue

Ridge Oak (villages 1-11) all bathroom fans and vent work to the roof will be replaced starting in late April. This will require access into



every apartment. Roofs will be replaced starting in early July.

Ridge Oak II (village 12) common area air conditioner units (that cool the halls and common areas) will be replaced in early summer.

Ridge Oak III (villages 1A and 9A) interior/common area painting will get done before summer.

Connect, Create, Contribute

Every May, Administration for Community Living, leads our nation's observance of Older Americans Month. 2019 theme, Connect, Create, Contribute, encourages older adults and their communities to:

- Connect with friends, family, and services that support participation.
- Create by engaging in activities that promote learning, health, and personal enrichment.
- Contribute time, talent, and life experience to benefit others.



From Carol Bianchi

Mayor of Bernards Township

It was a pleasure to meet with Ridge Oak residents on April 3rd to get feedback on the Bernards Township Vision 2020/

Planning for the Future task force survey. A survey has been developed and will be available at Charter Day on May 18th at our Vision 2020 booth. Please stop by the booth to get a survey!

For those who like to receive their information electronically, please sign up for the Mayor's Newsletter, issued quarterly. <http://www.bernards.org/signup.aspx> and click on any of the newsletters of interest, including the emergency notifications, Mayor's Newsletter, Library, and Parks & Recreation.

Cane Assault

Please do not use your cane to press elevator buttons and/or automatic door openers. We have recently had to replace broken elevator buttons. These devices were built for hands and fingers not the end of a cane or a fist.

Nothing in the Ground

Per House Rule #53, no personal items (such as perennials, bulbs, shrubs) can be planted in the ground. When you move along we are left with the mess! Potted deer resistant plants only!

Thank You Notes

We are fortunate that many outside groups and schools think of Ridge Oak when planning an activity. It only takes a minute to write a thank you note!

Pingry School (Intergenerational
Dinner Dance)

c/o Ms. Shelley Hartz
131 Martinsville Road
Basking Ridge, NJ 07920

Men of Charity (Pancake Breakfast)

c/o St. James Church
PO Box 310
Basking Ridge, NJ 07920

Safely Dispose of Expired Drugs

It is not safe for the environment to discard drugs in the trash or to flush them down the toilet. The Ridge Oak office has Medication Disposal System packages to use instead to dispose of drugs. You just put the drugs in the package, add water, and wait a few seconds before sealing the package. The carbon insert deactivates the drugs and makes it safe to dispose in household trash. Please ask for these packages at the Ridge Oak office.



Another option, if you are on the road, there is a white drop-off box for medication in the lobby of the Bernards Township Police station at One Collyer Lane. Just take the labels off the bottles and drop them in the box.

Get Out and Vote

NJ Primary Election

is Tuesday, June 4th.
Your POLLING Place
is Felmeth Hall.

Voter Registration
Applications are
available from the
Ridge Oak office or
Somerset County Board of Elections
website www.co.somerset.nj.us/elections.
Registration deadline is 21 days before an
election. Don't wait to register. Voter
registration forms are due by May 14th.



Applications for a Mail in Ballot are
also available from the office or via the
County website. You must be a registered
voter to apply for a Mail-In Ballot. Once
you apply for a Mail-In Ballot, you will
not be permitted to vote by machine at
your polling place in the same election.
A voter may apply for a Mail-In Ballot
by mail up to 7 days prior to the election.
Applications are due by May 28th.
Voters also now have an option of
automatically receiving a Mail-In Ballot
for each General Election.

Charter Day

Join your friends and neighbors for a
fun-filled day in downtown Basking
Ridge Saturday, May 18th, to celebrate
our community. Enjoy food, shopping

and entertainment. Activities are ongoing all day, followed by a family dinner and free concert in the evening. The celebration starts at 11 am. Ridge Oak staff and residents “man” a table at the event selling raffle tickets and hand-crafted animals for the 2019 Bazaar. Please tell Connie if you would like to sell raffle tickets for an hour or two. If the weather is good, take a walk to town and enjoy the people, food and music.

Happy Birthday

Thursday, May 31st, our favorite mailman, Sukesh, will be celebrating his birthday. Take a moment to wish him a Happy Birthday!

Laundry Room Facelifts Continue

Village 4 is next. We hope it will start in mid-May.

Dental Van Update

The van will be here on Friday, June 28th at 9 am. Call the Ridge Oak office if you would like to make an appointment and to pick up the forms needed for your first visit. We have been so lucky to have the fully equipped, affordable and convenient Zufall Mobile Dental Van visit our property. Services are subsidized!



At your first dental visit you will receive a clinical exam, x-rays, and treatment plan. Patients are then scheduled for an appointment for a cleaning or periodontal scaling based on the condition of their gums. All patients should bring a current list of medications, allergies, hospitalizations, and medical problems for the first visit and inform the dentist of any changes at future visits.



Magical Happenings

Magic Shop, a full-service hair salon for men and women, located on the lower level of Felmeth Hall, is open on Fridays. Call our stylist Sabrina for an appointment, 908-221-1222. Tell Sabrina if you need a ride on the transporter. Residents are billed for salon services by the Ridge Oak office at the end of each month. Please tip the stylist after each service.

Student Assistant

Our student translator, Danielle, who speaks Mandarin, will be in the office on Tuesdays & Thursdays from 3:30 pm until 5 pm for residents who would like to ask a question (in Mandarin) about an activity or meal or would like to discuss a specific concern with a Ridge Oak staff member. Please stop by the Ridge Oak office to see Danielle.

我們的學生翻譯

楊德妮

(Danielle)

， 會在二月的每一個

星期二和

星期

四

下午3點半到

五

點

，

在辦公室

為大家服務

。如果有關於報名活動或餐飲的問題，或是要跟工作人員討論某些事項，請在上述

的時間到

辦公室

找德妮。謝謝！

Computer Room Classes

Do you need tech help? Did you receive a new device and need help? It



is as easy as signing up for a computer class with Russ. Learn something new or brush up on what you know. Learn how easy it is to connect to family via the computer or to play games on the computer when you are stuck inside.

Russ Archer will have computer classes Tuesday, May 7th & 21st, 2:30 pm – 4 pm. Sign-up is required. The computer room will be CLOSED to other computer users during class times.

From the Executive Director

Bonnie

Happy Mother's day to all the wonderful women in our lives. The Moms, Grandmas, Great Grandmas, Aunts, Sisters and Friends who love and nurture us throughout the year. Maybe it should be called Happy Loving Women's Day?

Occupancy - *Christine, Patrice & Helen*

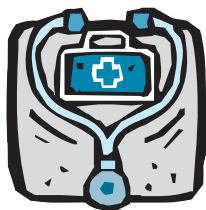
Collect Recertification Paperwork

It is important that you have all your bank statements, pension letters, etc. when you come in for your annual

recertification appointment. We would appreciate it if you start gathering your papers as soon as you receive your scheduled interview appointment date and check list. Be sure you have what we have requested on the "Appointment List." If you have a question, please call the Occupancy Department sooner rather than later. If you closed an account, you MUST have a statement showing a "\$0" balance or a letter from the bank. If you do NOT have all your paperwork, we will not be able to calculate your new rent. Therefore, you will end up having to wait until we have time in our calendar to finish.

From Wellness Nurse
Gail Bechtold RN
VNA of Somerset Hills

Gail Bechtold is the Visiting Nurse Association (VNA) Wellness Nurse here at Ridge Oak. Gail is available on-site Tuesdays & Thursdays and can be reached by calling the Ridge Oak office.



Gail will take blood pressures and discuss any health concerns with you on Thursday, May 23rd at 11 am in Felmeth Hall RB *Boye Community Room*.

From Supportive Housing
Corey

Please remember that meal orders or cancellations for the following day need to be called in by 11 am the day before or you will be charged.

Meal Highlights for May

As outdoor temperatures get warmer, we will run the air conditioning during dinner. Please bring a light jacket or sweater if you tend to get cold easily.

We are featuring four new items on the menu this month! Please join us and try the following: Lamb Shanks in Mint Sauce on May 1st, Chicken Meatloaf on May 2nd, Open-Faced Roast Beef Sandwich on May 3rd, and Chicken Kiev in Creamy Garlic Sauce on May 22nd.

Friday, May 10th – Join us for a Mother's Day celebration. Beef Brisket, Roasted Fingerling Potatoes, Honey Glazed Carrots and Cupcakes will be on the menu.

Tuesday, May 21 – Birthday dinner! Crunchy Vegetable Salad, Sausage & Peppers, Portuguese Rolls and Chocolate Cake will be served.

Housekeeping

If you are interested in finding out more about our housekeeping services, please call the office and speak to Corey.

Care Fund

Care Fund subsidizes meals, personal care, Adult Day Care services, and Persys Medical Alert Systems. Many thanks to the people who have made recent donations to the Care Fund.

Church Bus Schedule

Our Sunday bus driver, Chris, makes several runs on Sunday mornings to accommodate local church services. Stand out on Manchester Drive and the bus will pick you up as it passes. Village 12 residents are picked up after Manchester Drive residents.

- 8:30 am for the 9 am service at St. James Roman Catholic Church
- 8:30 am for the 9 am service at Basking Ridge Presbyterian Church Chapel

Bernards Township Mall Shopping Trips

Bernards Township Parks & Recreation Department runs a shopping bus weekly. There is no charge, but sign-up is required by calling Ruth at 908-204-4616.



MARK YOUR CALENDAR

for Ridge Oak Activities

Wednesdays - Walk in a Park

Tuesdays & Fridays

Better Balance - V12

Wednesday, May 1st - Senior Expo

Thursday, May 2nd

A Visit to St. Mark's

Friday, May 3rd - Irish Tea

Saturday, May 4th - The Derby

Tuesday, May 7th

Breakfast Bingo

Wednesday, May 8th

Mid-Century New Jersey

Thursday, May 9th

Madison Concert & Friendly's

Wednesday, May 15th

Tea with Mrs. Dickens

Thursday, May 16th

Children's Songfest

Wednesday, May 22nd

Walmart & Cracker Barrel

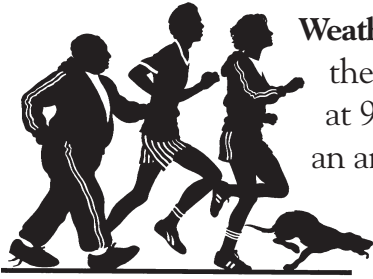
Thursday, May 23rd

Cooking with Allison

Wednesday, May 29th

Mt. Prospect School Bingo

Walk in a Park



Weather permitting, the bus will leave at 9:45 am for an area park. We will walk on Wednesday, May 15th &

29th. Wear comfortable clothes and footwear. All levels of walkers are welcome. Friendly dogs (under your control and on a leash) and their human companions are welcome to join us. The bus will return in time for the shopping run.

Better Balance

For most of us, balance happens automatically—we barely give it a thought. But achieving and maintaining balance, especially as we grow older is not so simple. Balance difficulties can stem from multiple causes, like arthritis, poor eyesight or cognitive impairment—all common in older and sedentary adults. Classes are held 2x a week, generally on Tuesdays & Fridays in V12. Check your calendar for days and times.

Senior Expo

Wednesday, May 1st, the bus will leave at 10 am for Senior Expo at the Wellness Center. The Expo is sponsored by the Somerset County Office on Aging.

A special Older Americans Month celebration event for seniors. Celebrate, Learn and Embrace Better Aging. Sign-up is required.

A Visit to St. Mark's

None of us, regardless of age, are ever “done” with our faith. There is always more road on the journey ahead. We will leave at 12 noon Thursday, May 2nd, to visit St. Mark's Episcopal Church. Father Rick will lead us in an ecumenical service, learn about the history of St. Mark's and its special connection to Ridge Oak. Sign-up is required.

Irish Tea

Friday, May 3rd, Coldwell Banker Realtors will host an Irish Tea in Felmeth Hall *RB Boye Community Room*



at 3:30 pm. After the tea, students from a local Irish Dance School will perform. If you have a favorite tea cup and saucer, please bring it with you. The transporter will be available. Sign-up is required.

The Derby

Join us on Saturday, May 4th at 4 pm in Felmeth Hall *RB Boye Community Room* for “the most exciting two minutes in sports,” the 145th Kentucky Derby.

From fantastic hats and colorful spring dresses to dashing bow ties and seersucker suits, Derby's display of American style and tradition simply doesn't exist anywhere else. Whether you're going to the track or attending a Derby party, it's time to start thinking about your Derby outfit because the 145th year of iconic style is right around the corner. Prizes will be given for the best 'Derby Attire'.



We will enjoy mock Mint Juleps and light refreshments and watch the movie *Seabiscuit*, and then cheer on our favorite horses for “the most exciting two minutes in sports” at 6:50 pm. Sign-up required.

Breakfast Bingo

Tuesday, May 7th, ladies from St. James will host a special Breakfast Bingo. They will provide a continental breakfast at 9:30 am, followed by Bingo at 10 am in Felmeth Hall *RB Boye Community Room*. Sign-up is required.

Mid-Century New Jersey

Wednesday, May 8th, the bus will leave at 10 am for Cornelius Low House Museum in Middlesex. The new exhibit features the Garden State in the 1950's. The postwar boom led to an atom-powered future of gleaming appliances

and fast cars! The influence of 50's culture is still going strong. After the museum we still stop for lunch at the Somerset Diner—bring cash! Sign-up is required.

Madison Concert & Friendly's

We are invited to a classical music performance of Suburban Music Study Club Thursday, May 9th. This performance will feature a harpist. The bus will leave for Madison Library at 9:45 am. Bring money with you because after the program we will stop at Friendly's for lunch—bring cash! Sign-up is required.

Tea with Mrs. Dickens

Wednesday, May 15th, via video conferencing, join us for a tea party with Charles Dickens' wife at 1:30 pm in Felmeth Hall *RB Boye Community Room*. Tea and light refreshment will be served.

Catherine Hogarth Dickens welcomes you into the Dickens Family Home at Tavistock in December 1852. During your visit, she will share stories from her early life to her adventures with the world's most famous author and their children, along with her perspectives on Victorian social, literary, culinary, and Christmas traditions.



This original, engaging show is performed in period costume by professional actress Marci Diamond,

The program cost is \$3. Cancel by 11 am on Tuesday, May 14th. No refunds will be issued for no-shows. You will be billed for this activity in June.

Children's Songfest

Thursday, May 16th at 10:30 am, the children from The Treehouse Childcare Center will walk down to village 12 for a songfest. The children will perform at Charter Day and they need to practice with an audience. If their little legs can walk that hill, then we should be able to make it to Village 12! Connie's granddaughter, Anna, will be one of the children performing. The transporter will be available. Sign-up is required.

Walmart and Cracker Barrel

Wednesday, May 22nd, the bus will leave at 11 am for Clinton Walmart & Cracker Barrel. Sign-up is required.

Cooking with Allison

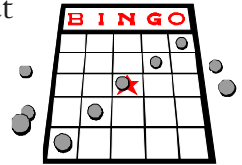
Thursday, May 23rd, Bishop Janes has scheduled our favorite Registered Dietician from Bernardsville Shop Rite, Allison, to speak at Ridge Oak at 2 pm. She will



review different types of carbohydrates and proteins that affect blood sugar management as well as give recipes and shopping tips. This meeting is an opportunity for those struggling with their weight and diet to receive new ideas. Sign-up is required.

Mt. Prospect School Bingo

Students at Mt. Prospect School have invited us to play BINGO at their school on Wednesday, May 29th. The bus will leave at 1 pm for the school. There will be no charge, but sign-up is required. We are limited to 20 residents!



Games Anyone?

Dominoes/Mexican Train, Scrabble, Tiles, Phase 10? Cards and games gathering will now be twice a month. You will have the opportunity to play on Saturday, May 11th & 25th at 12:30 pm. Stop by and join your friends or meet someone new.

ACORN Collators & Distributors

Friday, May 31st, June Acorns will be collated at 9:30 am and ready for the village distributors after 10 am.

Happy Hookers

Knitting & crocheting group meets in Felmeth Hall *RB Boye Community Room Annex*, at 10:30 am Monday, May 6th, 13th & 20th. If you would like to learn how to knit or crochet or to refresh your skills, stop by. Open to all crafters.

Wii Teams

Wii team competition among our residents continues Monday, May 6th, 13th & 20th. Stop by and cheer on the teams.

Games

Scrabble, Tiles, & card games will be at 1 pm in Felmeth Hall *RB Boye Community Room*, on Monday, May 6th, 13th & 20th.

Bingo

Bingo will be Friday, May 17th with Marion and May 24th with Bobbi at 1 pm in Felmeth Hall *RB Boye Community Room*. Check your calendar for two special Bingo opportunities: Breakfast Bingo and Bingo at Mt Prospect School.

Foot Care

Dr. Geller will visit on Tuesday, June 11th. Call his office directly at 908-281-9002 to schedule a visit. Dr. Brown will next visit in June. Call the Ridge Oak



office for a visit by Dr. Brown. We do not endorse either physician, nor do we resolve or mediate billing and/or payment issues.

For Your Spiritual Wellness

ALL RESIDENTS regardless of their faith are welcome to attend any religious service or activity held at Ridge Oak!

Episcopal Service

This month, the service will be held at St. Mark's. The bus will leave at 12 noon. Sign-up is required. All faiths welcome.

Catholic Mass

A member of St. James Catholic Church clergy will be here to celebrate Roman Catholic Mass on Tuesday, May 28th at 9 am in Felmeth Hall *RB Boye Community Room*. All faiths are welcome! Call the day before if you need a ride.

Rosary

Rosary Prayer Group meets in Felmeth Hall *RB Boye Community Room Annex*, Thursdays at 3 pm. Dates subject to change based on Ridge Oak's schedule or the group's conscience.

Bible Study

Bible Study meets at 10 am Fridays in Felmeth Hall *RB Boye Community Room Annex*. Dates are subject to change based upon Ridge Oak's schedule or the group's conscience. If you have a bible, bring it with you and a pad and pencil.

OUR EXPANDING WORLD

Activities outside Ridge Oak



Senior to Senior Picnic

Senior to Senior Picnic will be held Friday, May 3rd at 5:30 pm at Harry Dunham Park in Liberty Corner. Join the seniors in town for good food, entertainment and fun. Call Parks & Recreation, 204-4616 to reserve a spot. You will need to provide your own transportation.

VNA Rummage Sale

VNA Rummage Sale at Far Hills Fair Grounds May 3rd & 4th (9:30 am to 3:30 pm) & May 5th (12:30 pm to 3:30 pm). Admission and parking are free. This Sale held every fall and spring at the Fairgrounds in Far Hills is a major fundraiser for the VNA.

The Library Corner

Bernards Township Library on Maple Avenue offers many programs and a great book collection. Call 908-204-3031 ext. 116 to register for a program.



Programs this month:

- Free Monday Spring Concert: Monday 1 pm; May 6, Zydeco Revelators. Westminster Hall at Basking Ridge Presbyterian Church. No registration required.
- History, Tragedy and Comedy: The Brooklyn Dodgers at Ebbets Field: Tuesday, May 7; 7 pm. Presenter: Historian and author John Zinn
- Meditation for Health & Wellness: Tuesday, May 14; 7 pm. Presenter: Jim Rose, M Ed., Rutgers University.
- The Ancient Near East at the MET – An Armchair Art Tour: Thursday, May 16; 7 pm. Presenter: Dr. Michael Norris. Registration requested.
- The Beach Boys: The Making of Pet Sounds: Tuesday, May 21; 6:30 pm. Presenter: Rock Historian Vinnie Bruno
- Off the Coast - Sea Turtles: Wednesday, May 29; 7 pm. Presenter: Environmental Education Center outreach program. Registration requested.

Argyles Fish & Chips

First Presbyterian Church of Stirling, 158 Central Avenue, hosts its annual Fish & Chips Dinner Saturday, June 1st from 5-7 pm. Seniors \$16 (ahead of time) or \$18 at the door.

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MAY ACTIVITIES

5

10:30 Happy Hookers
Wii Teams
1 Games 

Church BUS

9 BUS YMCA
9:30 Breakfast
Bingo
9:45 BUS
Bernardsville
1 Hand Chimes
V12

10 Mid-Century
New Jersey
8 

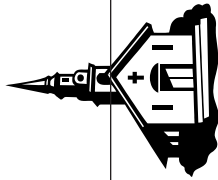
9:45 Madison
Concert &
Friendly's
3 Rosary 

9:45 BUS
Stirling
& Gillette
10 Bible Study
11 Balance
V12
3:30 Irish Tea 

11
12:30 Games
Anyone?


12

Church BUS



9:45 BUS
Stirling
& Gillette
10:30 Happy
Hookers
Wii Teams
1 Games

9 BUS YMCA
9:45 BUS
Bernardsville
11 Balance V12
12:30 Office Closed
1 Hand Chimes
V12

9:45 Walk
in a Park
11:30 BUS Lyons
1:30 Tea
with Mrs.
Dickens 

10:30 Children's
Songfest
V12
12 BUS
Bernardsville
3 Rosary

9:45 BUS
Stirling
& Gillette
10 Bible Study
11 Balance V12
1 Bingo

18
Charter Day




19

Church BUS



9:45 BUS
Stirling
& Gillette
10:30 Happy
Hookers
Wii Teams
1 Games

9 BUS YMCA
9:45 BUS
Bernardsville
11 Balance V12
1 Hand Chimes
V12

11 Walmart
& Cracker
Barrel 

9 BUS YMCA
9:45 BUS
Bernardsville
11 Blood Pressure
Clinic 
2 Cooking
w Allison
3 Rosary

9:45 BUS
Stirling
& Gillette
10 Bible Study
11 Balance V12
1 Bingo

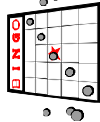
25
12:30 Games
Anyone?

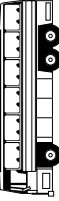
26

Church BUS

Office Closed
Memorial Day 

9 Mass
9 BUS YMCA
9:45 BUS
Bernardsville
11 Balance V12
1 Hand Chimes
off site

9:45 Walk
in a Park
11:30 BUS Lyons
1 Mt. Prospect
School
Bingo 

9 BUS
YMCA
9:45 BUS
Bernardsville
3 Rosary 

9:45 BUS
Stirling
& Gillette
10 Bible Study
11 Balance V12
1 Bingo

31

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

MAY MEALS

5

Crunchy Vegetable Salad
Spare Ribs
 Mac & Cheese
 Roasted Vegetables
 Red Velvet Cake



6

Caesar Salad
Eggplant Rollatini
 Fresh Italian Bread
 Mini Pastry Platter



7

Asian Delight
 Egg Drop Soup
General Tso's Chicken
 Mixed Vegetables
 Crunchy Noodles
 Almond Cookies

8

Mother's Day Dinner
 Vegetable Soup
Beef Brisket
 Roasted Potatoes
 Honey Glazed Carrots
 Rye Bread
 Cupcakes

12

Roasted Potato Soup
 Fig & Brie Stuffed
Chicken Breast
 Green Beans w/ Shallots
 Dinner Rolls
 Pecan Pie



13

Tossed Salad
Swedish Meatballs
 Buttered Noodles
 Creamed Peas
 Dinner Rolls
 Seven Layer Cake

14

Manhattan Clam Chowder
Coconut Shrimp
 Brown Rice Pilaf
 Sautéed Corn w/ Onions
 Blueberry Pie

15



16

Cucumber, Dill & Sour Cream Salad
Pork Loin w/ Apple Kraut
 Whipped Sweet Potatoes
 Carrot Cake

19

Cous Cous Salad
Grilled Salmon
 Grilled Asparagus
 Rosemary Roasted Potatoes
 Key Lime Pie



20

Birthday Dinner
 Crunchy Vegetable Salad
Sausage & Peppers
 Portuguese Rolls
 Chocolate Birthday Cake

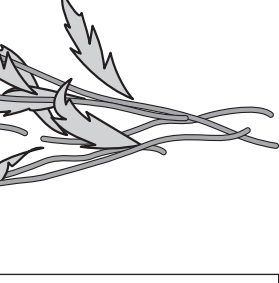


21

LUNCH Tossed Salad
Pizza
 "Arnold Palmer" Ice Cream Bars



22



23

Protein Pack Salad
Stuffed Peppers
 Cauliflower Cheddar Bake
 Rye Bread
 Lemon Cookies

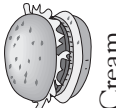
26

No Meal
 Memorial Day



27

Tomato Bisque
Turkey Burgers
 Herb Potato Salad
 Pickles
 Chocolate Pudding w/ Whipped Cream

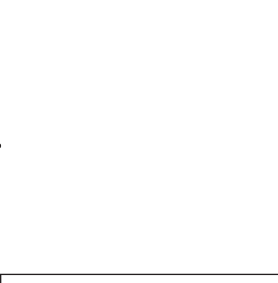


28

Signature Slaw
Short Ribs
 Peas & Mushrooms
 Baked Sweet Potato
 Rice Pudding



29



30

Farro Salad
Kielbasa & Kraut
 Pierogis
 Sour Cream
 Steamed Carrots
 Chocolate Cream Pie



31