

# ACORNS

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RIDGE OAK, INC. 150 MANCHESTER DRIVE, BASKING RIDGE, NJ 07920

908/221-0266

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[www.ridgeoak.org](http://www.ridgeoak.org)

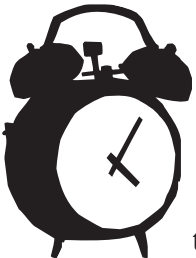
## Daylight Savings Time

### Spring ahead...

Saturday, March 7th, turn your clocks ahead by one hour before you go to bed. The time changes March 8th at 2 am.

**Why did daylight** savings time start? Blame Ben? Benjamin Franklin's "An *Economical Project*," written in 1784, is the earliest known proposal to "save" daylight. It was whimsical in tone, advocating laws to compel citizens to rise at the crack of dawn to save the expense of candlelight: "Every morning, as soon as the sun rises, let all the bells in every church be set ringing and if that is not sufficient, let cannon be fired in every street

to wake the sluggards effectually. Oblige a man to rise at four in the morning, and it is probable that he will go willingly to bed at eight in the evening."



## Weather Delays

*March comes in as a lion and out as a lamb...*

**Listen** to voice message warnings and call the office as early as 7:30 am to find out about church bus, shopping, meal or activity cancellations. Information will be left with the answering service.



## Take a Minute

**Please take** a minute and send a thank you note to Bishop Janes for the "Love & Kisses" Valentine treats that were delivered personally by the youngsters to each doorway. Bishop Janes United Methodist Church  
Pastor Matt Enzler  
22 South Finley Avenue  
Basking Ridge, NJ 07920

# Tax Preparation at Ridge Oak 2019 Income Tax

Friday March 6th  
the VITA team  
(Volunteer Income  
Tax Assistance) from



Bernards Township Library will schedule appointments at Ridge Oak to help residents who need to file income tax.

**The big question:** “Do I have to file?”

If you are over 65 and single you do not need to file income tax forms unless:

- Your income in 2019 from sources other than Social Security was greater than \$13,850.
- One half (50%) of your Social Security plus all your other income was greater than \$25,000.
- You had taxes withheld from your pension or earnings and wish to file for a refund.

**If you have** a question about filing for our volunteer, Joe Ryder, leave a message at Bernards Township Library, 204-3031 ext. 2, and he will get back to you.

## Raccoon Alert

**Wednesday**, February 12th (during the light of day) the police were called to Ridge Oak (near a Village 8 building) for a sick raccoon. This is unusual because,

raccoons are nocturnal. The animal was under a tree. The police had to destroy the animal with their firearm since it likely had rabies. This is a good reminder for our residents NOT to feed animals or birds. We keep God’s creatures at a safe distance just for this reason. Be safe, be smart, obey the House Rules – DO NOT feed birds or animals.

## Bed Bugs

**We have** a responsibility to educate residents about reporting any apartment pests to the office so we can inspect and treat as needed. One of the most problematic pests are bed bugs. These insects are “hitch hikers” come into apartments in luggage, pocketbooks and on clothing. Once bed bugs are in your apartment, they keep to themselves and hide until you are asleep when your body emits carbon dioxide. This is when they bite. They leave a trail of blood (it usually looks brown) on the sheets or in “seams, nooks and crannies” of a mattress or box spring.

**If you THINK** you have bed bugs, please report it to our office immediately! DO NOT throw out any bedding, mattress, box spring or any other household items until we inspect AND treat. When you disturb bed bugs they run and hide. If you move bed bugs you are just moving the problem. DO NOT spray with any

pesticide. This will only result in them running. It will not kill them. Call the office for an inspection to be done.

**Here are some** tips to help “prevent” bed bugs from invading your space:

- Vacuum your apartment and launder bedding frequently. Put a bit of baby powder or dematiaceous earth (food grade NOT pool grade) in the vacuum cleaner bag. This will suffocate any bug sucked up. Change your vacuum cleaner bags frequently.
- NEVER pick up roadside furniture or items from the trash and put them in your apartment.
- Keep clutter inside your apartment to an absolute minimum. Bed bugs love to hide in warm, dark places—even on wood trim and inside drawers.
- If you buy things from a thrift shop or a garage sale be sure to thoroughly vacuum the item out (even the inside of drawers) before bringing it into your apartment. Bed bug eggs look like grains of salt.
- Used clothing or bedding should always be laundered in HOT water and a HOT dryer before bringing into your apartment.
- If you have been traveling, empty your suitcase outside. Put clothes in closed plastic bags for laundry (in HOT water and HOT dryer) and thoroughly vacuum out the suitcase.



## Capital Projects Continue

**We have hit** the pause button on installation of new storm doors. The contractor has some issues that need to be corrected in villages 1-6 before any additional storm doors are installed. We will keep residents posted via notices, text and voice messages.

**Village 8 & 9** laundry rooms will be renovated when the weather warms sufficiently.

## Student Assistant

**Danielle** works on Thursday mornings from 9 am to 12 pm. Danielle, who speaks Mandarin, is here for residents who would like to ask a question about an activity or meal or would like to discuss a specific concern with a Ridge Oak staff member.

從1月23日開始，楊德妮將在星期四下午9-12點在辦公室為您們服務。如果有關於報名活動或餐飲的問題，或是要跟工作人員討論某些事項，請到辦公室找德妮。謝謝！

## Magical Happenings

**Magic Shop**, a full-service hair salon for men and women, located on the lower level of Felmeth Hall, is open on Fridays. Call our stylist Sabrina for an appointment at 908-221-1222. Tell Sabrina if



you need a ride on the transporter.

Residents are billed for salon services by the Ridge Oak office at the end of each month. Please tip the stylist after each service.

## Computer Room Classes

**It is as easy** as signing up for a computer class with Russ.

Learn something new or brush up on what you



know. Learn how easy it is to connect to family via the computer or to play games on the computer when you are stuck inside.

**Russ Archer** will have computer class Tuesday, March 3rd & 17th between 2:30 pm – 4 pm. Sign-up is required. The computer room will be **CLOSED** to other computer users during class times.

## Do you know?

There is much recent discussion about the Constitution of the United States. One method of amending it is for Congress to send a proposed amendment to the states for ratification. How many proposed amendments have not been ratified? Answers on last page

From the Executive Director  
*Bonnie*

**Announcing** some exciting staff transitions: Please welcome, Suzanne Reino to the team. She is fulfilling Shannen's duties at the front desk. She will answer the phones, greet you and sign you up for meals, activities and will also take maintenance work orders. Once Suzanne is oriented in March, Shannen Rivers will become Congregate Housing Services Coordinator. Corey Hovanec will be Social Services Coordinator. Alex Serna is now a regular part-time Meal Coordinator at dinner and lunch. He will drive the transporter, help the galley crew and deliver meals.

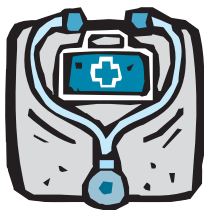
Occupancy - *Christine,  
Patrice & Helen*  
**Security Deposits**

If you lost your security deposit interest check for 2019 or you have not received one, please contact the Occupancy

Department and we will investigate it for you. Peapack Gladstone bank branch staff cannot help you with this because it is handled in another central office.

From Wellness Nurse  
*Laura Cummings RN*  
VNA of Somerset Hills

Laura Cummings is the Visiting Nurse Association (VNA) Wellness Nurse here at Ridge Oak. Laura is available on-site 2-days a week and can be reached by calling the Ridge Oak office.



**Blood pressures** will be taken Thursday, March 19th at 1:30 pm in V12. Stop by and meet Laura our Wellness Nurse.

### From Supportive Housing

**If you receive** a meal delivery, please remember to turn your outside light on by 4:30 pm. Meal orders or cancellations for the following day need to be called in by 11 am the day before or you will be charged.

### Meal Highlights for March

Wednesday, March 11th – Join us for lunch! Creamy Cole Slaw, Turkey Gobbler Sandwich, Potato Chips and Whoopie Pies will be served.

**Tuesday**, March 17th – Saint Patrick’s Day celebration! Corned Beef, Cabbage, Carrots, Potatoes, Irish Soda Bread and dessert will be served.

**Friday**, March 20th – Dinner at Village 12! Tossed Salad, Pizza and Ice Cream are on the menu.

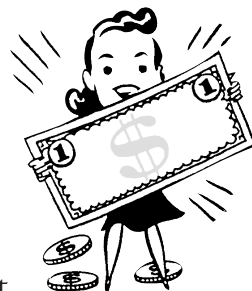
**Tuesday**, March 24th – Join us to celebrate March birthdays. Breaded Pork Chop, Steamed Broccoli, Roasted Potatoes and Birthday Cake.

### Housekeeping

**If you are** interested in finding out more about our housekeeping services, please call the office and speak to Shannen.

### Care Fund

**Care Fund** subsidizes meals, personal care, Adult Day Care services, and Persys Medical Alert Systems. Many thanks to the people who have made recent donations to the Care Fund.



### Church Bus Schedule

**Our Sunday** bus driver, Chris, makes several runs on Sunday mornings to accommodate local church services. Stand out on Manchester Drive and

the bus will pick you up as it passes.  
Village 12 residents are picked up after  
Manchester Drive residents.

- 8:30 am for 9 am service at St. James Roman Catholic Church
- 9:30 am for 10 am service at Basking Ridge Presbyterian Church Chapel

## Bernards Township Mall Shopping Trips

**Bernards** Township Parks & Recreation Department runs a shopping bus weekly. There is no charge, but sign-up is required by calling Ruth at 908-204-4616.

## MARK YOUR CALENDAR

### *for Ridge Oak Activities*

**Tuesdays, Fridays** - Better Balance

**Wednesdays in March**

BRPC Lenten Services & Lunch

**Thursday, March 5th** - Terrarium Class

**Friday, March 6th** - Out to Lunch

**Saturday, March 7th** - Dental Van

**Wednesday, March 11th**

Chinese & English Bingo

**Wednesday, March 11th** - Fish Fry

**Thursday, March 12th**

Share Your Culture

**Wednesday, March 18th**

Magnificent Monarchs

**Thursday, March 19th** - Cool Critters

**Friday, March 20th** - Movie Matinee

**Sunday, March 22nd**

BRPC Pizza & Bingo

**Monday, March 23rd**

Keep This, Toss That

**Wednesday, March 25th** - Pokeno V12

**Thursday, March 26th** - Sing with Emma

## Better Balance

**Balance** classes continue Tuesdays at 1 pm & Fridays at 11 am in V12. Check your calendar for days and times. Transporter is available. Sign-up is required.



## Lenten Services & Lunch

**Wednesdays**, March 4th, 11th, 18th & 25th the bus will leave at 11:30 am for Basking Ridge Presbyterian Church for a special Lenten Service, including music and meditation. After the service we are invited to lunch. Sign-up is required for each week you plan to attend.



**Over the past** several years, Basking Ridge Presbyterian Church has presented a series of beautiful music, reflective prayers, passages from famous quotes and poems, and powerful reading of scripture during the season of Lent. These elements are woven into a 30-minute service in the church's historic Sanctuary and feature musicians from the region. Four Wednesday noon services are offered, after which, all are invited to luncheon in Westminster Hall.

### Terrarium Class

**Have you ever** wanted a garden in a jar? Feel like getting your hands in some soil? Would you like to learn how to build your own terrarium or mini fairy garden? Join us Thursday, March 5th as we travel to Great Swamp Nursery for a class on making our own terrarium. The cost to you is only \$10. The balance (which will be calculated as you build your terrarium) will be paid by an anonymous donor. The bus leaves at 10:45 am. Space is limited to 12 Ridge Oak residents.

**If you sign up** and cannot attend, you must cancel by 11 am Wednesday, March 4th or you will be billed for your spot. No refunds will be issued for no-shows. You will be billed for this activity in April.

### Out to Lunch

**We are** celebrating St Patrick's Day early with a trip to Thatcher McGhee's in Denville. On Friday, March 6th, the bus will leave at 1 pm for a late lunch. After lunch you will have some time to look at the shops or to get an ice cream treat at Denville Dairy. Sign-up is required.



### Dental Van

**The van** will be here Saturday, March 7th at 9 am. Ridge Oak staff will NOT be on site this day. Call the Ridge Oak office in advance if you would like to make an appointment and to pick up the forms needed for your first visit. Zufall Mobile Dental Van services are subsidized! At your first dental visit you will receive a clinical exam, x-rays, and treatment plan. Patients are then scheduled for an appointment for a cleaning or periodontal scaling based on the condition of their gums. All patients should bring a current list of medications, allergies, hospitalizations, and medical problems for the first visit and inform the dentist of any changes at future visits.



## Chinese & English Bingo

**Wednesday**, March 11th, we will have a special bilingual (Chinese & English) Bingo game from 4-5 pm. No charge. The calls will be in Chinese and English. Sign-up is required.

## Fish Fry

### 42nd Annual

Kiwanis Club Fish Fry is Wednesday, March 11th at 5:30 pm at Ridge High School. The bus leaves at 5:15 pm. We have generously been given discounted tickets. Cost for seniors is normally \$20, our tickets will be only \$10! Tickets are limited. Let us know if you plan to drive or take the bus. No meal deliveries are available.



**Cost of the meal** is \$10. You must cancel by Tuesday, March 10th or you will be billed for your spot. No refunds will be issued for no shows. You will be billed for this in April.

## Share Your Culture

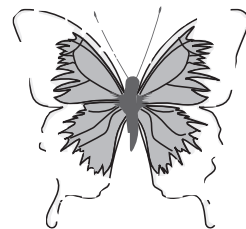
**In honor** of the Chinese (just celebrated the new year on January 25th) and many other cultures at Ridge Oak, we are going to celebrate our diversity on Thursday, March 12th at 4 pm.

We ask residents to share their culture by sharing dress, music, dance, photos etc. with everyone. Tell Connie what you would like to share and if you need anything special. Light international refreshments will be served. Sign-up is required.

今年，我們不會舉辦中國新年連環會。但是，我們將在3月12日慶祝多樣性中國文化以及其他文化。我們將邀請居民分享服裝，音樂，舞蹈等內容，以分享他們的文化。有關詳細信息，請參閱即將發布的 ACORNS。謝謝！

## Magnificent Monarchs

**The story** of the Monarch butterfly...an annual journey that spans a continent, three nations, and multiple generations of Monarchs...captures the hearts and minds of people of all ages. Join us on Wednesday, March 18th at 2 pm as we learn about the journey of the Monarch via live videoconferencing. There is no charge but sign-up is required.



## Cool Critters

**Thursday**, March 19th at 2 pm, Rich, a naturalist from Environmental Center, will visit V12 with his Cool Critters. The transporter will be available. Sign-up is required.



## Movie Matinee

**What is on** your Bucket List? Friday, March 20th, the movie *Bucket List*, starring Morgan Freeman and Jack Nicholson will be shown at 1 pm. Sign-up is required.



**When** corporate mogul Edward Cole and mechanic Carter Chambers wind up in the same hospital room, the two terminally ill men bust out of the cancer ward with a plan to experience life to the fullest before they kick the bucket.

## BRPC Pizza & Bingo

**Sunday**, March 22nd at 6 pm, the young people from BR Presbyterian Church will be here for an evening of Pizza & Bingo. Cost is \$5. You must call Friday if you need a ride on the transporter on Sunday. If you sign up and cannot attend, you must cancel by 11 am Friday, March 20th or you will be billed for your spot. No refunds will be issued for no-shows. You will be billed for this activity in April.

## Keep This Toss That

**Join our guest** speaker, Jamie, Monday, March 23rd at 1:30 pm for quick answers to the one key question everyone needs to answer in order to get organized and save their time, money, space, and sanity: "Should I keep or toss this?"

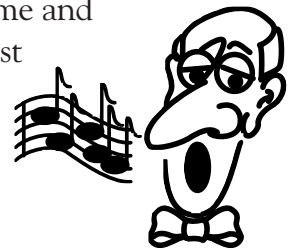
**Are you afraid** to open your kitchen cabinet because you know food storage containers are going to come pouring out like an erupting volcano? Do you spend hours searching for the email you need? Will you regret it tomorrow if you give away all your old concert T-shirts? And how many tote bags will you really use? Sign-up is required

## Pokeno

**Wednesday**, March 25th at 2 pm join us for Pokeno at Village 12. Bring 100 pennies (2 rolls) with you. No experience required. A little bingo, a little poker and lots of fun. A good way to get out of your apartment this winter. The transporter will be available for rides. Sign-up is required.

## Sing with Emma

**Join us** at 2 pm Thursday, March 26th in RB *Boye Community Room* for a fun sing along event with Emma Jane Walker. While she plays the guitar and leads us in song, wake up your vocal cords and that playful part of yourself that loves to belt out a tune. No metropolitan opera experience required. Just come and enjoy. Hum, sing, or just tap your foot. Refreshments will be served. Sign-up is required.



## Games Anyone?

### **Dominoes/Mexican Train, Scrabble, Tiles, Phase 1**

You will have an opportunity to play on Saturday, March 7th & 21st at 12:30 pm in Felmeth Hall or on Sunday, March 15th & 29th at 12:30 pm in V12. Stop by and join your friends.

### ACORN Collators & Distributors

**Tuesday**, March 31st, April Acorns will be collated at 10 am and ready for pick-up after 10:30 am.

### Happy Hookers

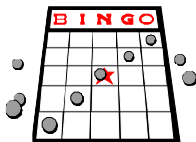
**Knitting** & crocheting group meets in Felmeth Hall *RB Boye Community Room Annex*, starting at 10:30 am Mondays. If you would like to learn how to knit or crochet or to refresh your skills, stop by the group any Monday.

### Wii Competition

**Wii Competition** continues Mondays starting at 9:30 am. Stop by and cheer on your friends and neighbors.

### Bingo

**Bingo** is on Friday, March 13th, & 27th at 1 pm in Felmeth Hall *RB Boye Community Room*.



## Foot Care

**Dr. Geller** will visit Tuesday, April 14th. Call his office directly at 908-281-9002 to schedule a visit. Dr. Brown will also visit in April. Call the Ridge Oak office for a visit by Dr. Brown. We do not endorse either physician, nor do we resolve or mediate billing and/or payment issues.



### SAVE THE DATES

#### Rediscover the Library

**Bernards** Township Library is coming to Ridge Oak every Monday in April at 2 pm! Dates are April 6th, 13th, 20th & 27th. At the first session on Monday, April 6th you will be able to get your own library card right in Felmeth Hall. Sessions thereafter will highlight digital library offerings as well as traditional items. These special sessions are FREE.

### For Your Spiritual Wellness

ALL RESIDENTS regardless of their faith are welcome to attend any religious service or activity held at Ridge Oak!

### Episcopal Service

Father Rick Morley, of St Mark's Episcopal Church, will hold a service Thursday, March 5th at 10 am. Everyone welcome. Call that morning if you need a ride.

### **Catholic Mass**

A member of St. James Catholic Church clergy will be here to celebrate Roman Catholic Mass on Tuesday, March 24th at 9 am in Felmeth Hall *RB Boye Community Room*. All faiths are welcome! Call the day before if you need a ride.

### **Bible Study**

Bible Study meets Friday, March 6th & 20th at 10 am in Felmeth Hall *RB Boye Community Room Annex*. If you have a bible, bring it with you as well as a pad and pencil for notes. All faiths welcome.

### **Rosary**

Rosary Prayer Group meets in Felmeth Hall *RB Boye Community Room Annex*, Thursday, March 5th & 19th only at 3 pm. Dates subject to change based upon Ridge Oak's schedule or the group's conscience. All faiths are welcome!

## OUR EXPANDING WORLD

Activities outside Ridge Oak



### Rummage Sale

**St. Mark's** Episcopal Church will hold their Spring Rummage Sale on Friday, March 27th and Saturday, March 28th from 9 am until 2 pm. Check the church website [www.stmarksbr.org](http://www.stmarksbr.org) or call the

church at 908-766-9058 to learn about what and when sale donations are being accepted.

### Bernardsville Winter Market

**Winter Farmer's** market is open inside Bernardsville Train Station on Saturdays from 10 am - 1 pm. Among the vendors will be: Griggstown Farm, Pickelicious, Krakus Deli, Baker's Bounty and PK's Four Brothers Farm.

### The Library Corner

**Bernards** Township Library on Maple Avenue offers many programs and a great book collection. The library has books and magazines written in Chinese. They can also order books in other languages from Morristown. Call 908-204-3031 ext. 116 to register for a program.

### Leisure Learning

Do you want to learn something interesting and meet new people? Check out the Leisure Learning Program sponsored by Friends of Bernards Township Library. Leisure Learning is a continuing education program offering adults eight Mondays of morning lectures in art, music, literature, history, politics, and current



affairs, as well as eight afternoon musical performances. Registrants can attend three of the many program choices offered each Monday for the entire eight-week series for only \$30. This series starts Monday, March 16th. Pamphlets are available in Ridge Oak office or at the library. Call 908-3031 3xt 116 for information.

## Free Medical Equipment

**Available** through Pluckemin Presbyterian Church. Equipment is loaned out at no cost for as long as necessary and returned when no longer needed. They provide hospital beds, walkers, canes, shower chairs, wheelchairs, adult diapers and many other healthcare items. Call 908-396-6057 for information. Regular hours Saturday, 10-12 noon.

## Dorsi Deli Pharmacy

**Dorsi** Pharmacy, in Stirling, delivers prescriptions and light groceries six days a week. Call 908-647-7878 to arrange a delivery.

## CVS Pharmacy

**CVS** Pharmacy at 107 Morristown Road in Bernardsville, near Shop Rite, offers free delivery on Tuesdays & Fridays. For information, call 908-221-0871.

## Somerset County Transportation Services

**Transportation** is provided for medical appointments, to senior centers and for grocery shopping. Appointments must be arranged well in advance by calling 908-231-7116.

## Ridge Restaurant Special Offer

**Ridge Restaurant** at 25 South Finley Avenue offers a 10% discount for Ridge Oak residents during lunch (11 am - 2 pm) and dinner (5 pm - closing) on Tuesday.

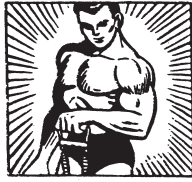
## GoGoGrandparent

**GoGoGrandparent** is another way to get a ride. Call 855-464-6872 for more information.

## Somerset Hills YMCA

**Ridge Oak** residents can join the Y for just \$5 a month! Payment in full of \$60 for the year is required when you join. Call the Ridge Oak office for an application. If you have questions about membership, call Suzanne Fischl at 908-766-7898 x 505. For financial assistance, contact Beatriz at 908-766-7898 x 346.

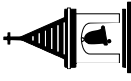




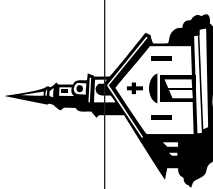
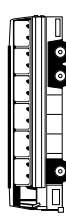



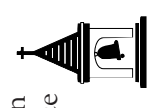


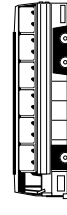
**Active Older Adults** Program at the Y meets in Gagnon Teen/Community Center on the lower level each Tuesday & Thursday from 9 am to 2:30 pm. They offer social activities, lectures, aquatics and wellness activities including cardio, strength and flexibility.














**Amendments not ratified:**

- Congressional Apportionment - Pending since September 25, 1789
- Titles of Nobility - Pending since May 1, 1810
- Corwin - Pending since March 2, 1861
- Child Labor - Pending since June 2, 1924
- Equal Rights - Initial ratification period ended March 22, 1979, and extension period ended June 30, 1982; present status uncertain
- District of Columbia Voting Rights - Ratification period ended August 22, 1985; amendment failed



<p><b>Sunday 1</b></p> <p>Church BUS</p>	<p><b>Monday 2</b></p> <p>Sign-ups 9:30 Wii Comp 9:45 BUS Stirling &amp; Gillette 10:30 Happy Hookers</p>	<p><b>Tuesday 3</b></p> <p>9 BUS YMCA 9:45 BUS Bernardsville 11 Balance V12 1 Hand Chimes</p>	<p><b>Wednesday 4</b></p> <p>9:45 BUS Lyons 11:30 BRPC Lenten Service</p> 	<p><b>Thursday 5</b></p> <p>9 BUS YMCA 9:45 BUS Bernardsville 10 Episcopal Service 10:45 Terrariums 3 Rosary</p>	<p><b>Friday 6</b></p> <p>9:45 BUS Stirling &amp; Gillette 10 Bible Study 11 Balance V12 1 Out to Lunch</p>	<p><b>Saturday 7</b></p> <p>9 Dental Van 12:30 Games Push Clocks Ahead</p>
<p><b>8</b></p> <p>Church BUS</p>	<p><b>9</b></p> <p>9:30 Wii Competition 10:30 Happy Hookers</p> 	<p><b>10</b></p> <p>9 BUS YMCA 9:45 BUS Bernardsville 11 Balance V12 1 Hand Chimes</p> 	<p><b>11</b></p> <p>9:45 BUS Lyons 11:30 BRPC Lenten Service 3 Chinese &amp; English Bingo 5:30 Fish Fry</p>	<p><b>12</b></p> <p>9 BUS YMCA 9:45 BUS Bernardsville 4 Share Your Culture</p> 	<p><b>13</b></p> <p>9:45 BUS Stirling &amp; Gillette 11 Balance V12 1 Bingo</p> 	<p><b>14</b></p>
<p><b>15</b></p> <p>Church BUS 12:30 Games Anyone? V12</p> 	<p><b>16</b></p> <p>9:45 BUS Stirling &amp; Gillette 10:30 Happy Hookers 12 Wii Competition</p>	<p><b>17</b></p> <p>9 BUS YMCA 9:45 BUS Bernardsville 11 Balance V12 1 Hand Chimes</p> 	<p><b>18</b></p> <p>9:45 BUS Lyons 11:30 BRPC Lenten Service 2 Magnificent Monarchs</p> 	<p><b>19</b></p> <p>9 BUS YMCA 9:45 BUS Bernardsville 1:30 Blood Pressure V12 2 Cool Critters V12 3 Rosary</p>	<p><b>20</b></p> <p>9:45 BUS Stirling &amp; Gillette 10 Bible Study 11 Balance V12 1 Movie Matinee</p> 	<p><b>21</b></p> <p>12:30 Games Anyone?</p>
<p><b>22</b></p> <p>Church BUS 6 BRPC Pizza &amp; Bingo</p>	<p><b>23</b></p> <p>9:45 BUS Stirling &amp; Gillette 10:30 Happy Hookers 1:30 Keep This, Toss That</p>	<p><b>24</b></p> <p>9 Mass 9 BUS YMCA 9:45 BUS Bernardsville 11 Balance V12 1 Hand Chimes</p> 	<p><b>25</b></p> <p>9:45 BUS Lyons 11:30 BRPC Lenten Service 2 Pokeno V12</p> 	<p><b>26</b></p> <p>9 BUS YMCA 9:45 BUS Bernardsville 2 Sing with Emma</p> 	<p><b>27</b></p> <p>9:45 BUS Stirling &amp; Gillette 11 Balance V12 1 Bingo</p> 	<p><b>28</b></p>
<p><b>29</b></p> <p>Church BUS 12:30 Games Anyone? V12</p>	<p><b>30</b></p> <p>9:45 BUS Stirling &amp; Gillette 10:30 Happy Hookers</p> 	<p><b>31</b></p> <p>9 BUS YMCA 9:45 BUS Bernardsville 1 Hand Chimes</p>	<h1>MARCH ACTIVITIES</h1>			

<p><b>Sunday 1</b></p>	<p><b>Monday 2</b></p> <p>Tossed Salad  <b>Stuffed Shells</b>  Meatballs  Italian Bread  Fruit Salad</p> 	<p><b>Tuesday 3</b></p> <p>Crunchy  Vegetable Salad  <b>Pulled Pork Sliders</b>  Red Skin Potato Salad  Brownies  &amp; Ice Cream</p>	<p><b>Wednesday 4</b></p> <p>Tri Color Salad  <b>Apricot Chicken</b>  Green Beans  Almondine  Brown Rice  Very Berry Pie</p> 	<p><b>Thursday 5</b></p> <p>Beet Salad  <b>Stuffed Peppers</b>  Carrot Souffle  Rye Bread  Chocolate  Pudding</p> 	<p><b>Friday 6</b></p> <p>Couscous Salad  <b>Citrus Glazed Salmon</b>  Grilled Asparagus  Fingerling Potatoes  Lemon Cookies</p>	<p><b>Saturday 7</b></p>
<p><b>8</b></p>	<p>Caesar Salad  <b>Chicken Parmesan</b>  Penne Marinara  Cheeseecake  w Strawberries</p> 	<p><b>10</b></p> <p>Minestrone  Soup  <b>Swedish Meatballs</b>  Steamed Carrots  Butter Noodles  Seven Layer  Cake</p>	<p><b>11</b></p> <p>LUNCH  Creamy Cole  Slaw  <b>Turkey Gobbler Sandwich</b>  Potato Chips  Whoopie Pie</p>	<p><b>12</b></p> <p>No Meal</p>	<p><b>13</b></p> <p>Vegetable Soup  <b>Manicotti</b>  Garlic Knots  Cannoli</p> 	<p><b>14</b></p>
<p><b>15</b></p>	<p>Manhattan  Clam Chowder  <b>Tilapia Almondine</b>  Grilled Asparagus  Rice  Red Velvet  Cake</p> 	<p><b>17</b></p> <p>Vegetable Salad  <b>Corned Beef &amp; Cabbage</b>  Carrots  Parsley Potatoes  Irish Soda Bread  Rye Bread  Cupcakes</p>	<p><b>18</b></p> <p>Tri Color Salad  <b>Sausage &amp; Peppers</b>  Portuguese Rolls  Butter Pound Cake  w Fresh  Berries</p> 	<p><b>19</b></p> <p>Asian Delight  Egg Roll  <b>General Tso's Chicken</b>  Vegetables  Rice  Crunchy Noodles  Almond Cookies</p> 	<p><b>20</b></p> <p>Dinner at  Village 12  Tossed Salad  <b>Pizza</b>  Ice Cream  Bars</p> 	<p><b>21</b></p>
<p><b>22</b></p>	<p>Shrimp Cocktail  <b>Italian Seasoned Flounder</b>  Roasted Brussel  Sprouts  Dinner Rolls  Chocolate  Cream Pie</p> 	<p><b>24</b></p> <p>Birthday  Dinner  Creamy Cole Slaw  <b>Breaded Pork Chop</b>  Steamed Broccoli  Roasted Potatoes  Birthday Cake</p>	<p><b>25</b></p> <p>Goat Cheese  &amp; Greens Salad  <b>Chicken Kiev</b>  Creamed Spinach  Potato Leek Torte  Blueberry Pie</p>	<p><b>26</b></p> <p>LUNCH  French  Onion Soup  <b>Reuben Panini</b>  Red Skin Potato  Salad  David's Cookies</p>	<p><b>27</b></p> <p>Tossed Salad  <b>Coconut Shrimp</b>  Peas &amp; Mushrooms  Rice  Fruit Salad</p>	<p><b>28</b></p>
<p><b>29</b></p>	<p>Crunchy  Vegetable Salad  <b>Turkey Burgers</b>  Pickles  Potato Chips  Black &amp; White  Cookies</p>	<p><b>31</b></p> <p>Vegetable Soup  <b>Beef Meatloaf</b>  Carrots  Mashed Potatoes  Apple Pie</p> 	<p>MARCH MEALS</p>			

