

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Ridge Pizza Caesar Salad Lasagna Bread Cannoli	2 Lobster Bisque Coconut Shrimp Green Beans with Shallots Rice Pilaf Cherry Pie	3 Blue Cafe Tossed Salad Beef Stroganoff with Mushrooms and Onions in a Creamy Red Wine Sauce Potato Dumplings Cookies	4 Cous Cous Salad Chicken Kiev Creamed Spinach Dinner Rolls Brownies
7 No Meal	8 Bernard's Cafe Beef Minestrone Soup Shepherd's Pie Oreo Mousse	9 Crunchy Vegetable Salad Pulled Pork Sliders Pickles Mac and Cheese Fruit Salad	10 Blue Cafe Green Salad Rosemary Grilled Chicken Breast Mashed Potatoes Cookies	11 Couscous Salad Citrus Glazed Salmon Grilled Asparagus Rice Pilaf Éclair
14 Protein Pack Salad Sausage & Peppers Portuguese Rolls Blueberry Pie	15 Ridge Pizza Side Salad Personal Pizza Cookies	16 Birthday Dinner Lobster Bisque Italian Seasoned Flounder Roasted Brussel Sprouts Dinner Roll Cupcake	17 Asian Delight Egg Roll Beef and Broccoli Vegetables Rice Almond Cookies	18 Chicken Noodle Soup Chicken Francaise Cauliflower Parsley Potatoes Cherry Pie
21 Tomato Soup Beef Meatloaf Carrots Fingerling Potatoes Seven Layer Cake	22 Bernard's Cafe Chicken Pasta Soup Chicken Pot Pie Carrot Cake	23 Tri Color Salad Breaded Pork Chop Grilled Asparagus Dinner Roll Chocolate Pudding	24 Ridge Pizza Caesar Ziti with Meatballs Cookies	25 Vegetable Soup Herb Roasted Turkey with Gravy Green Beans Almondine Stuffing Apple Pie
28 Tossed Salad Fig and Brie Stuffed Chicken Breast Whipped Sweet Potatoes Cheesecake	29 Asian Delight Spring Roll Shrimp Lo Mein With Broccoli Almond Cookies	30 Beet Salad Stuffed Peppers Potato Leak Torte Chocolate Pudding	 September 2020 Ridge Oak Menu	

Call 908-221-0266 or email srivers@ridgeoak.org to sign up.