

RICHARD HALL COMMUNITY MENTAL HEALTH CENTER

Offers a broad range of outpatient services. If a client needs acute or immediate care, a referral is made to Psychiatric Emergency Screening (PES) (adjacent to the emergency room at Somerset Medical Center) for emergency intervention and to assess the possible need for inpatient hospitalization. The number is 908-526-4100. The Center has a sliding fee scale (applicable only to Somerset County residents).

Services Offered:

- Individual Therapy
- Psychiatric Medication follow-up after hospital discharge and on-going services
- Home visits (for home bound population) for Somerset County residents.
- Psychosocial Rehabilitation Program
- Dual Recovery (for combined substance abuse and mental illness)

Assessment Center

The single point of entry for services at the Center. Call 908-253-3165 or, toll free 1-888-744-4417, to make an initial appointment.

Richard Hall Community Mental Health Center

500 North Bridge Street
Bridgewater, NJ 08807
Phone: 908-725-2800

Referral Procedure

While community agencies may make referrals for services, clients can also be self-referred. Clients may be asked for previous treatment summaries if they have been in treatment with a private provider or another agency.

Outpatient Department

Dedicated to treating psychiatric and emotional problems that affect adults and their families. The Department offers treatment options including individual, group and family counseling.

Group options available:

- Relapse Prevention Groups for clients with serious and persistent mental illness
- Women's Trauma
- Medical Issues for older adults
- Stress & Mental Health for older adults
- Anxiety Group
- Depression Group
- Obsessive-Compulsive Disorder Group
- Healthy Choices - a group for those struggling with eating disorders

Older Adult Services

Services designed to address the mental health needs of the aging. The program provides counseling in individual, family and group settings. In-home assessments and consultations are provided for non-ambulatory clients.